Carlisle Tri Club 10K

First name						Carlisle Tri	JIUD TU	n.			
Mark Emmerson S98 Male Finished Ages 18 - 39 0.03348 3 3 3 3 3 3 3 3 3	First name	Last name	Bib	Gender		Age category	Finish	Overall	Gender	Cat pos	Club
	Marc	Brown	393	Male	Finished	Ages 18 - 39	00:31:24	1	1	1	SALFORD HARRIERS & AC
Grogo Walkor 340 Malo Finished Ages 40 - 49 00.034.51 4 4 1 TEMOTRALE HAPRIERS Austair Walker 380 Male Finished Ages 60 - 69 00.25.59 6 6 1 TEMOTRALE HAPRIERS Dariel Dariel Dalton 300 Male Finished Ages 60 - 69 00.25.59 6 6 1 TEMOTRALE HAPRIERS Mat Cummon 200 Male Finished Ages 18 - 39 00.26.22 8 8 3 Reacc Mat Guider 370 Male Finished Ages 18 - 39 00.36.32 8 8 3 Reacc Bobby Hagan 313 Male Finished Ages 18 - 39 00.36.11 11 1 7 Sockers HAPPER HAPPER HAPPER Stephen Burlow 411 Male Finished Ages 40 - 49 00.39.05 14 14 5 ARNAN HAPPER Klichardson 388 Male Finished Ages 18 - 39 00.39.05 14 14 5 ARNAN HAPPER Jo Hickman-Duna 44 Herrich Finished Ages 40 - 49 00.04.01 15 15	Mark	Emmerson	399	Male	Finished	Ages 18 - 39	00:33:08	2	2	2	BORDER HARRIERS & AC
Russell Maddams	Beau	Smith	416	Male	Finished	Ages 18 - 39	00:33:48	3	3	3	LANCASTER & MORECAMBE AC
Matter	Greg	Walker	340	Male	Finished	Ages 40 - 49	00:34:43	4	4	1	TEVIOTDALE HARRIERS
Austratro Walker Sale Maile Firished Ages 60 - 60 00.35:59 6 6 6 1 TENTOTONUE MARRIERS Daniel Dailon 309 Maile Firished Ages 81 - 39 00.36:22 8 8 8 3 3 5 5 5 Matt Guilder 370 Maile Firished Ages 80 - 49 00.36:32 8 8 8 3 3 5 5 5 Matt Guilder 370 Maile Firished Ages 80 - 49 00.36:32 8 8 8 3 3 5 5 Matt Guilder 370 Maile Firished Ages 80 - 39 00.37:39 10 10 10 6 5 5 5 5 Bobby Hagan 313 Maile Firished Ages 81 - 39 00.37:39 10 10 10 6 5 5 5 5 Bobby Hagan 313 Maile Firished Ages 81 - 39 00.38:10 11 11 7 5 5 5 Bobby Hagan 38 Maile Firished Ages 80 - 39 00.38:10 11 11 7 5 5 5 Bobby Firished Ages 80 - 49 00.38:11 12 12 4 Accresion Danaen Numers Back Raniin 364 Maile Firished Ages 40 - 49 00.38:11 15 15 5 6 Bright Firished Ages 80 - 49 00.38:11 15 15 5 6 Bright Hagan 34 Maile Firished Ages 80 - 49 00.40:18 16 1 1 Bright Firished Ages 80 - 49 00.40:18 16 1 1 Bright Firished Ages 80 - 40 00.40:28 16 1 1 Bright Firished Ages 80 - 40 00.40:28 16 1 1 1 Bright Firished Ages 80 - 40 00.40:28 16 1 1 1 Bright Firished Ages 80 - 40 00.40:28 16 1 1 1 Bright Firished Ages 80 - 40 00.40:28 17 2 1 8 1 8 1 Bright Firished Ages 80 - 80 00.40:28 18 10 1 1 1 1 1 1 1 1	Russell	Maddams	390	Male	Finished	Ages 40 - 49	00:35:51	5	5	2	KESWICK AC
David David Thompson 407 Male Firished Ages 18 - 30 00.38.624 7 7 4 CONTINITY CODITY HARRIERS David Thompson 407 Male Firished Ages 18 - 39 00.38.624 8 8 3 RONCO Record Guilder 370 Male Firished Ages 18 - 39 00.38.632 8 9 9 5 DAVICASTER MORECAME AC Paul Coon 408 Male Firished Ages 18 - 39 00.38.739 10 10 6 SAFGRO MARRIERS A AC Record Firished Ages 18 - 39 00.38.739 10 10 6 SAFGRO MARRIERS A AC Record Record 411 Male Firished Ages 40 - 49 00.38.11 12 12 4 ACCINITY OR ROAD RUNNERS Richard Record 7 80 80 80 80 80 80 80	Alastair	Walker	346	Male		· ·	00:35:59	6	6	1	TEVIOTDALE HARRIERS
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Stephen						J					
Jack Oliver 349 Male Finished Ages 18 - 39 00:38:36 13 13 8 RENDAL TRI CLIBE	•	-				-					
Neil	-					· ·					
Richard Rankin 364 Male Finished Ages 40 - 49 00.40:11 15 15 6						•					
Final						-					
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Baz Harper 344 Male Finished Ages 18 - 39 00.41:03 18 16 9 CARLISLE TRI CLUB Malcom Crosble 311 Male Finished Ages 40 - 49 00.41:03 19 17 7 CARLISLE TRI CLUB Lee Todhunter 372 Male Finished Ages 18 - 39 00.42:41 21 19 11 BORDER REIVER RUNNERS Kevin Robinson 371 Male Finished Ages 50 - 59 00.42:58 22 20 1 DERWENT AC Lee Makar 330 Male Finished Ages 40 - 49 00.43:56 24 3 2 EDEN RUNNERS Kafthryn Metaalfe 415 Female Finished Ages 40 - 49 00.43:56 24 3 2 EDEN RUNNERS Ben Harper 308 Male Finished Ages 50 - 59 00.45:05 26 23 2 BORDER REIVER RUNNERS Colin Hood 374 Male Finished Ages 50 - 59 00.45:05 26 23 2 BORDER REIVER RUNNERS Colin Hood 374 Male Finished Ages 50 - 59 00.45:05 26 <t< td=""><td>Jo</td><td>Hickman-Dunne</td><td>414</td><td>Female</td><td>Finished</td><td>Ages 18 - 39</td><td>00:40:18</td><td>16</td><td>1</td><td>1</td><td></td></t<>	Jo	Hickman-Dunne	414	Female	Finished	Ages 18 - 39	00:40:18	16	1	1	
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Lee	Baz	Harper	344	Male	Finished	Ages 18 - 39	00:41:03	18	16	9	CARLISLE TRI CLUB
Adam Dixon 391 Male Finished Ages 18 - 39 00:42:41 21 19 11 BORDER REIVER RUNNERS Kevin Robinson 371 Male Finished Ages 50 - 59 00:42:58 22 20 1 DERWENT AC Lee Makar 330 Male Finished Ages 40 - 49 00:43:56 24 3 2 EDER RUNNERS Kathryn Metcaffe 415 Female Finished Ages 40 - 49 00:43:56 24 3 2 EDER RUNNERS Ben Harper 308 Male Finished Ages 50 - 59 00:45:05 26 22 8 CARLISE TRI CLUB Alan Huggon 400 Male Finished Ages 50 - 59 00:45:05 26 23 2 BORDER REIVER RUNNERS Colin Hood 376 Female Finished Ages 80 - 59 00:45:05 28 25 9 DH RUNNERS Toby Harling 335 Male Finished Ages 18 - 39 00:45:50 28 25 9 DH RUNNERS Kathe Merrall 377 Female Finished Ages 18 - 39 00:46:05 30 5	Malcolm	Crosbie	311	Male	Finished	Ages 40 - 49	00:41:05	19	17	7	CARLISLE TRI CLUB
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Chris Knox 382 Male Finished Ages 60 - 69 00:49:32 48 34 2 DH RUNNERS Keith Mcveigh 357 Male Finished Ages 60 - 69 00:49:47 49 35 3 CUMBERLAND AC Ian Robinson 348 Male Finished Ages 60 - 69 00:50:00 50 36 4 EDEN RUNNERS Rachel Ash 378 Female Finished Ages 40 - 49 00:50:07 51 15 9 EDEN RUNNERS Joanne Mckenzie 409 Female Finished Ages 50 - 59 00:50:10 52 16 2 CARLISLE TRI CLUB Tracey Pagin 318 Female Finished Ages 18 - 39 00:50:17 53 17 6 DH RUNNERS Lorna Gold 317 Female Finished Ages 50 - 59 00:50:26 54 18 3 CUMBERLAND AC Fiona Ferguson 333 Female Finished Ages 50 - 59 00:50:38 55 19 4 EDEN RUNNERS		•				•					
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Joanne Mckenzie 409 Female Finished Ages 50 - 59 00:50:10 52 16 2 CARLISLE TRI CLUB Tracey Pagin 318 Female Finished Ages 18 - 39 00:50:17 53 17 6 DH RUNNERS Lorna Gold 317 Female Finished Ages 50 - 59 00:50:26 54 18 3 CUMBERLAND AC Fiona Ferguson 333 Female Finished Ages 50 - 59 00:50:38 55 19 4 EDEN RUNNERS						•					
Tracey Pagin 318 Female Finished Ages 18 - 39 00:50:17 53 17 6 DH RUNNERS Lorna Gold 317 Female Finished Ages 50 - 59 00:50:26 54 18 3 CUMBERLAND AC Fiona Ferguson 333 Female Finished Ages 50 - 59 00:50:38 55 19 4 EDEN RUNNERS						•					
Lorna Gold 317 Female Finished Ages 50 - 59 00:50:26 54 18 3 CUMBERLAND AC Fiona Ferguson 333 Female Finished Ages 50 - 59 00:50:38 55 19 4 EDEN RUNNERS						•					
Fiona Ferguson 333 Female Finished Ages 50 - 59 00:50:38 55 19 4 EDEN RUNNERS	-	•				•				6	DH RUNNERS
	Lorna	Gold	317	Female	Finished	Ages 50 - 59	00:50:26	54	18	3	CUMBERLAND AC
Kelly Mitchell 412 Female Finished Ages 40 - 49 00:50:51 56 20 10 RUN MUMS	Fiona	Ferguson	333	Female	Finished	Ages 50 - 59	00:50:38	55	19	4	EDEN RUNNERS
	Kelly	Mitchell	412	Female	Finished	Ages 40 - 49	00:50:51	56	20	10	RUN MUMS

Gary	Chandler	355 Male		Ages 50 - 59	00:50:58	57	37	5 DH RUNNERS
John	Lewis	315 Male		Ages 70 - 79	00:52:07	58	38	1 CUMBERLAND AC
Helen	Mcmanus			Ages 40 - 49	00:52:32	59	21	11
John	Billett	392 Male		Ages 60 - 69	00:52:36	60	39	5 DH RUNNERS
John	Mccreadie	410 Male	Finished	Ages 40 - 49	00:52:37	61	40	12 DH RUNNERS
Nicola	Latimer	352 Female	Finished	Ages 50 - 59	00:52:55	62	22	5 WIGTON ROAD RUNNERS
Bruce	Haggerty	375 Male	Finished	Ages 18 - 39	00:53:04	63	41	18
Sharron	Clark	341 Female	Finished	Ages 40 - 49	00:53:40	64	23	12 WIGTON ROAD RUNNERS
James	Taggart	379 Male	Finished	Ages 18 - 39	00:53:54	65	42	19
Hannah	Latimer	353 Female	Finished	Ages 18 - 39	00:53:56	66	24	7 WIGTON ROAD RUNNERS
Steve	Viney	384 Male	Finished	Ages 70 - 79	00:54:26	67	43	2 DH RUNNERS
Alison	Dickinson	359 Female	Finished	Ages 40 - 49	00:54:44	68	25	13
Mark	Musgrave	366 Male	Finished	Junior	00:54:47	69	44	1
Ray	Redoble	314 Male	Finished	Ages 40 - 49	00:55:17	70	45	13 DH RUNNERS
Martin	Baxter	310 Male	Finished	Ages 40 - 49	00:55:44	71	46	14 DH RUNNERS
Katie	Teasdale	395 Female	Finished	Ages 18 - 39	00:56:12	72	26	8
Shelley	Teasdale	396 Female	Finished	Ages 18 - 39	00:56:12	73	27	9
Shirley	Teasdale	394 Female	Finished	Ages 18 - 39	00:56:13	74	28	10
Natasha	Beattie	338 Female	Finished	Ages 40 - 49	00:56:46	75	29	14 CARLISLE TRI CLUB
Elaine	Stockdale			Ages 18 - 39	00:56:53	76	30	11 WIGTON ROAD RUNNERS
Anthony	Nicholson	327 Male		Ages 50 - 59	00:57:32	77	47	6 DH RUNNERS
Suzy	Ryan	386 Female		Ages 40 - 49	00:58:04	78	31	15
Teresa	Ennini			Ages 40 - 49	00:58:04	79	32	16
Jamie	Johnston	356 Male		Ages 18 - 39	01:00:36	80	48	20 BORDER REIVER RUNNERS
Nicky	Spry			Ages 18 - 39	01:01:09	81	33	12
Wayne	Stevens	380 Male		Ages 40 - 49	01:01:58	82	49	15 DH RUNNERS
Kelly	Kavanagh			Ages 40 - 49	01:02:13	83	34	17
Linda	Brown			Ages 40 - 49	01:02:14	84	35	18 WIGTON ROAD RUNNERS
Michelle	Barron			Ages 40 - 49	01:02:16	85	36	19 WIGTON ROAD RUNNERS
Matthew	Wilson	347 Male		Ages 40 - 49	01:04:41	86	50	16
George	Fraser	339 Male		Ages 70 - 79	01:05:57	87	51	3 ANNAN AND DISTRICT AC
Victoria	Baker			Ages 18 - 39	01:06:02	88	37	13
Brian	Holgate	362 Male		Ages 40 - 49	01:06:06	89	52	17
Louis	Latimer	354 Male	Finished	J	01:06:37	90	53	2
Fiona	Jardine			Ages 50 - 59	01:00:37	91	38	6 DUMFRIES RUNNING CLUB
	Firth	336 Male		o .	01:07:40	92	54	
David				Ages 60 - 69	01.17.37	92	34	6 DH RUNNERS
Nathan	Postill	312 Male	DNS	Ages 18 - 39				BORDER HARRIERS & AC
Angus	Grant	323 Male	DNS	Ages 40 - 49				
Liam	Jackson	325 Male	DNS	Ages 18 - 39				
Nigel	Braithwaite	328 Male	DNS	Ages 50 - 59				EDEN RUNNERS
Lucy	Taylor	332 Female		Ages 18 - 39				
Sam	Braithwaite	334 Male	DNS	Ages 18 - 39				EDEN RUNNERS
Helena	Radcliffe	350 Female		Ages 18 - 39				
Harry	Butler	365 Male	DNS	Ages 18 - 39				BORDER HARRIERS & AC
Mariska	Niemeijer	368 Female		Ages 40 - 49				PACTRAC
Paula	Knox	373 Female	DNS	Ages 40 - 49				