

Carlisle Tri Club 10K

First name	Last name	Bib	Gender	Status	Age category	Finish	Overall	Gender	Cat pos	Club
Marc	Brown	393	Male	Finished	Ages 18 - 39	00:31:24	1	1	1	SALFORD HARRIERS & AC
Mark	Emmerson	399	Male	Finished	Ages 18 - 39	00:33:08	2	2	2	BORDER HARRIERS & AC
Beau	Smith	416	Male	Finished	Ages 18 - 39	00:33:48	3	3	3	LANCASTER & MORECAMBE AC
Greg	Walker	340	Male	Finished	Ages 40 - 49	00:34:43	4	4	1	TEVIOTDALE HARRIERS
Russell	Maddams	390	Male	Finished	Ages 40 - 49	00:35:51	5	5	2	KESWICK AC
Alastair	Walker	346	Male	Finished	Ages 60 - 69	00:35:59	6	6	1	TEVIOTDALE HARRIERS
Daniel	Dalton	309	Male	Finished	Ages 18 - 39	00:36:24	7	7	4	COVENTRY GODIVA HARRIERS
David	Thompson	407	Male	Finished	Ages 40 - 49	00:36:32	8	8	3	R2RCC
Matt	Guilder	370	Male	Finished	Ages 18 - 39	00:36:46	9	9	5	LANCASTER & MORECAMBE AC
Paul	Coon	408	Male	Finished	Ages 18 - 39	00:37:39	10	10	6	SALFORD HARRIERS & AC
Bobby	Hagan	313	Male	Finished	Ages 18 - 39	00:38:10	11	11	7	BORDER HARRIERS & AC
Stephen	Burton	411	Male	Finished	Ages 40 - 49	00:38:11	12	12	4	ACCRINGTON ROAD RUNNERS
Jack	Oliver	349	Male	Finished	Ages 18 - 39	00:38:36	13	13	8	KENDAL TRI CLUB
Neil	Richardson	398	Male	Finished	Ages 40 - 49	00:39:05	14	14	5	ANNAN AND DISTRICT AC
Richard	Rankin	364	Male	Finished	Ages 40 - 49	00:40:11	15	15	6	
Jo	Hickman-Dunne	414	Female	Finished	Ages 18 - 39	00:40:18	16	1	1	
Fiona	Todd	320	Female	Finished	Ages 40 - 49	00:40:28	17	2	1	BORDER HARRIERS & AC
Baz	Harper	344	Male	Finished	Ages 18 - 39	00:41:03	18	16	9	CARLISLE TRI CLUB
Malcolm	Crosbie	311	Male	Finished	Ages 40 - 49	00:41:05	19	17	7	CARLISLE TRI CLUB
Lee	Todhunter	372	Male	Finished	Ages 18 - 39	00:41:43	20	18	10	WIGTON ROAD RUNNERS
Adam	Dixon	391	Male	Finished	Ages 18 - 39	00:42:41	21	19	11	BORDER REIVER RUNNERS
Kevin	Robinson	371	Male	Finished	Ages 50 - 59	00:42:58	22	20	1	DERWENT AC
Lee	Makar	330	Male	Finished	Ages 18 - 39	00:43:08	23	21	12	
Kathryn	Metcalfe	415	Female	Finished	Ages 40 - 49	00:43:56	24	3	2	EDEN RUNNERS
Ben	Harper	308	Male	Finished	Ages 40 - 49	00:44:29	25	22	8	CARLISLE TRI CLUB
Alan	Huggon	400	Male	Finished	Ages 50 - 59	00:45:05	26	23	2	BORDER REIVER RUNNERS
Colin	Hood	374	Male	Finished	Ages 50 - 59	00:45:08	27	24	3	
Toby	Harling	335	Male	Finished	Ages 40 - 49	00:45:50	28	25	9	DH RUNNERS
Heather	Eccles	376	Female	Finished	Ages 18 - 39	00:45:54	29	4	2	KENDAL AAC
Katie	Merrall	377	Female	Finished	Ages 18 - 39	00:46:05	30	5	3	
Jenny	Skinner	388	Female	Finished	Ages 18 - 39	00:46:09	32	6	4	CARLISLE TRI CLUB
Alex	Skinner	389	Male	Finished	Ages 18 - 39	00:46:09	31	26	13	
Karen	Bridge	367	Female	Finished	Ages 50 - 59	00:46:15	33	7	1	EDEN RUNNERS
Alex	Palmer	326	Male	Finished	Ages 18 - 39	00:46:33	34	27	14	
Kerry	Braithwaite	383	Female	Finished	Ages 40 - 49	00:46:54	35	8	3	CARLISLE TRI CLUB
Mike	Smith	343	Male	Finished	Ages 18 - 39	00:47:01	36	28	15	
Lee	Lowis	331	Male	Finished	Ages 40 - 49	00:47:30	37	29	10	CARLISLE TRI CLUB
Robert	Johnstone	342	Male	Finished	Ages 50 - 59	00:47:30	38	30	4	
Tim	Lee	345	Male	Finished	Ages 18 - 39	00:47:46	39	31	16	
Steven	Bragg	329	Male	Finished	Ages 40 - 49	00:48:03	40	32	11	CARLISLE TRI CLUB
Georgie	Lowry	397	Female	Finished	Ages 40 - 49	00:48:19	41	9	4	CARLISLE TRI CLUB
Leeann	Barber	322	Female	Finished	Ages 40 - 49	00:48:51	42	10	5	CUMBERLAND AC
Carole	Fearon	358	Female	Finished	Ages 40 - 49	00:48:59	43	11	6	CARLISLE TRI CLUB
Christie	Byrne	369	Female	Finished	Ages 18 - 39	00:49:06	44	12	5	
Nicola	Davison	321	Female	Finished	Ages 40 - 49	00:49:09	45	13	7	
Paul	Hayton	363	Male	Finished	Ages 18 - 39	00:49:12	46	33	17	
Claire	Cannon-Park	381	Female	Finished	Ages 40 - 49	00:49:22	47	14	8	
Chris	Knox	382	Male	Finished	Ages 60 - 69	00:49:32	48	34	2	DH RUNNERS
Keith	Mcveigh	357	Male	Finished	Ages 60 - 69	00:49:47	49	35	3	CUMBERLAND AC
Ian	Robinson	348	Male	Finished	Ages 60 - 69	00:50:00	50	36	4	EDEN RUNNERS
Rachel	Ash	378	Female	Finished	Ages 40 - 49	00:50:07	51	15	9	EDEN RUNNERS
Joanne	Mckenzie	409	Female	Finished	Ages 50 - 59	00:50:10	52	16	2	CARLISLE TRI CLUB
Tracey	Pagin	318	Female	Finished	Ages 18 - 39	00:50:17	53	17	6	DH RUNNERS
Lorna	Gold	317	Female	Finished	Ages 50 - 59	00:50:26	54	18	3	CUMBERLAND AC
Fiona	Ferguson	333	Female	Finished	Ages 50 - 59	00:50:38	55	19	4	EDEN RUNNERS
Kelly	Mitchell	412	Female	Finished	Ages 40 - 49	00:50:51	56	20	10	RUN MUMS

Gary	Chandler	355	Male	Finished	Ages 50 - 59	00:50:58	57	37	5 DH RUNNERS
John	Lewis	315	Male	Finished	Ages 70 - 79	00:52:07	58	38	1 CUMBERLAND AC
Helen	Mcmanus	319	Female	Finished	Ages 40 - 49	00:52:32	59	21	11
John	Billett	392	Male	Finished	Ages 60 - 69	00:52:36	60	39	5 DH RUNNERS
John	Mccreadie	410	Male	Finished	Ages 40 - 49	00:52:37	61	40	12 DH RUNNERS
Nicola	Latimer	352	Female	Finished	Ages 50 - 59	00:52:55	62	22	5 WIGTON ROAD RUNNERS
Bruce	Haggerty	375	Male	Finished	Ages 18 - 39	00:53:04	63	41	18
Sharron	Clark	341	Female	Finished	Ages 40 - 49	00:53:40	64	23	12 WIGTON ROAD RUNNERS
James	Taggart	379	Male	Finished	Ages 18 - 39	00:53:54	65	42	19
Hannah	Latimer	353	Female	Finished	Ages 18 - 39	00:53:56	66	24	7 WIGTON ROAD RUNNERS
Steve	Viney	384	Male	Finished	Ages 70 - 79	00:54:26	67	43	2 DH RUNNERS
Alison	Dickinson	359	Female	Finished	Ages 40 - 49	00:54:44	68	25	13
Mark	Musgrave	366	Male	Finished	Junior	00:54:47	69	44	1
Ray	Redoble	314	Male	Finished	Ages 40 - 49	00:55:17	70	45	13 DH RUNNERS
Martin	Baxter	310	Male	Finished	Ages 40 - 49	00:55:44	71	46	14 DH RUNNERS
Katie	Teasdale	395	Female	Finished	Ages 18 - 39	00:56:12	72	26	8
Shelley	Teasdale	396	Female	Finished	Ages 18 - 39	00:56:12	73	27	9
Shirley	Teasdale	394	Female	Finished	Ages 18 - 39	00:56:13	74	28	10
Natasha	Beattie	338	Female	Finished	Ages 40 - 49	00:56:46	75	29	14 CARLISLE TRI CLUB
Elaine	Stockdale	324	Female	Finished	Ages 18 - 39	00:56:53	76	30	11 WIGTON ROAD RUNNERS
Anthony	Nicholson	327	Male	Finished	Ages 50 - 59	00:57:32	77	47	6 DH RUNNERS
Suzy	Ryan	386	Female	Finished	Ages 40 - 49	00:58:04	78	31	15
Teresa	Ennini	387	Female	Finished	Ages 40 - 49	00:58:04	79	32	16
Jamie	Johnston	356	Male	Finished	Ages 18 - 39	01:00:36	80	48	20 BORDER REIVER RUNNERS
Nicky	Spry	337	Female	Finished	Ages 18 - 39	01:01:09	81	33	12
Wayne	Stevens	380	Male	Finished	Ages 40 - 49	01:01:58	82	49	15 DH RUNNERS
Kelly	Kavanagh	360	Female	Finished	Ages 40 - 49	01:02:13	83	34	17
Linda	Brown	351	Female	Finished	Ages 40 - 49	01:02:14	84	35	18 WIGTON ROAD RUNNERS
Michelle	Barron	316	Female	Finished	Ages 40 - 49	01:02:16	85	36	19 WIGTON ROAD RUNNERS
Matthew	Wilson	347	Male	Finished	Ages 40 - 49	01:04:41	86	50	16
George	Fraser	339	Male	Finished	Ages 70 - 79	01:05:57	87	51	3 ANNAN AND DISTRICT AC
Victoria	Baker	361	Female	Finished	Ages 18 - 39	01:06:02	88	37	13
Brian	Holgate	362	Male	Finished	Ages 40 - 49	01:06:06	89	52	17
Louis	Latimer	354	Male	Finished	Junior	01:06:37	90	53	2
Fiona	Jardine	385	Female	Finished	Ages 50 - 59	01:07:46	91	38	6 DUMFRIES RUNNING CLUB
David	Firth	336	Male	Finished	Ages 60 - 69	01:17:37	92	54	6 DH RUNNERS
Nathan	Postill	312	Male	DNS	Ages 18 - 39				BORDER HARRIERS & AC
Angus	Grant	323	Male	DNS	Ages 40 - 49				
Liam	Jackson	325	Male	DNS	Ages 18 - 39				
Nigel	Braithwaite	328	Male	DNS	Ages 50 - 59				EDEN RUNNERS
Lucy	Taylor	332	Female	DNS	Ages 18 - 39				
Sam	Braithwaite	334	Male	DNS	Ages 18 - 39				EDEN RUNNERS
Helena	Radcliffe	350	Female	DNS	Ages 18 - 39				
Harry	Butler	365	Male	DNS	Ages 18 - 39				BORDER HARRIERS & AC
Mariska	Niemeijer	368	Female	DNS	Ages 40 - 49				PACTRAC
Paula	Knox	373	Female	DNS	Ages 40 - 49				