

**Carlisle Sprint Triathlon 6 August 2017**

| Bib | FirstName | LastName   | Club                   | Category | Sex | Swim    | T1      | Bike    | Run+T2   | Finish   | Overall | Cat | Sex |
|-----|-----------|------------|------------------------|----------|-----|---------|---------|---------|----------|----------|---------|-----|-----|
| 121 | Oliver    | Crossley   | Bodyworks XTC Ltd      | MS       | M   | 06:50.5 | 00:28.9 | 31:24.3 | 00:19:01 | 00:57:44 | 1       | 1   | 1   |
| 113 | Ryan      | Gavin      | Carlisle Tri Club      | MS       | M   | 08:19.2 | 00:35.4 | 31:14.0 | 00:19:19 | 00:59:28 | 2       | 2   | 2   |
| 20  | Jon       | Sturman    | Carlisle Tri Club      | MV40     | M   | 09:06.1 | 01:00.0 | 30:59.1 | 00:21:03 | 01:02:08 | 3       | 1   | 3   |
| 123 | Samuel    | Richardson | Craven Energy          | MS       | M   | 07:49.7 | 01:08.7 | 33:44.5 | 00:21:17 | 01:04:00 | 4       | 3   | 4   |
| 66  | Ben       | Hale       | Unattached             | MS       | M   | 08:42.1 | 00:41.0 | 32:48.1 | 00:23:03 | 01:05:15 | 5       | 4   | 5   |
| 82  | Lucy      | Stobbart   | Tri Lakeland           | FS       | F   | 10:23.0 | 00:52.4 | 35:16.7 | 00:19:19 | 01:05:51 | 6       | 1   | 1   |
| 90  | John      | Waite      | Carlisle Tri Club      | MS       | M   | 08:13.4 | 00:51.8 | 34:39.3 | 00:22:17 | 01:06:01 | 7       | 5   | 6   |
| 47  | Jonathan  | Brown      | Carlisle Tri Club      | MV50     | M   | 09:16.6 | 01:36.4 | 34:02.1 | 00:21:08 | 01:06:03 | 8       | 1   | 7   |
| 32  | Samantha  | Sugden     | Arragons Cumbrian TC   | FS       | F   | 07:43.2 | 00:32.5 | 34:45.3 | 00:23:04 | 01:06:05 | 9       | 2   | 2   |
| 107 | Samantha  | Wilson     | Arragons Cumbrian TC   | FS       | F   | 07:06.0 | 00:45.8 | 34:51.0 | 00:23:52 | 01:06:35 | 10      | 3   | 3   |
| 111 | Craig     | Holliday   | Carlisle Tri Club      | MS       | M   | 08:33.2 | 01:02.5 | 36:01.5 | 00:20:58 | 01:06:35 | 11      | 6   | 8   |
| 77  | Chris     | Gray       | Tri-Lakeland           | MV40     | M   | 08:22.7 | 00:36.1 | 36:54.7 | 00:21:01 | 01:06:55 | 12      | 2   | 9   |
| 88  | Russell   | Godwin     | GOG                    | MV50     | M   | 09:19.2 | 00:40.2 | 34:22.4 | 00:22:39 | 01:07:01 | 13      | 2   | 10  |
| 132 | Des       | Morris     | Tri Lakeland           | MV50     | M   | 09:36.7 | 00:01.0 | 33:35.1 | 00:21:33 | 01:07:05 | 14      | 3   | 11  |
| 8   | Benjamin  | MacFarlane | Unattached             | MS       | M   | 09:11.1 | 00:36.1 | 35:36.5 | 00:21:46 | 01:07:10 | 15      | 7   | 12  |
| 97  | Graeme    | Cross      | Dumfries & Galloway TC | MV40     | M   | 08:51.5 | 01:10.0 | 35:21.0 | 00:21:59 | 01:07:21 | 16      | 3   | 13  |
| 101 | Tim       | Wing       | Unattached             | MV40     | M   | 11:29.8 | 01:15.8 | 32:37.9 | 00:22:50 | 01:08:13 | 17      | 4   | 14  |
| 50  | Karen     | Bridge     | Arragons Cumbrian TC   | FV40     | F   | 09:03.9 | 00:48.7 | 36:41.7 | 00:22:23 | 01:08:57 | 18      | 1   | 4   |
| 86  | Elliot    | Duff       | Fusion Triathlon Club  | MJ       | M   | 07:33.6 | 00:52.2 | 39:35.6 | 00:21:00 | 01:09:01 | 19      | 1   | 15  |
| 102 | David     | Scott      | Dumfries & Galloway TC | MS       | M   | 08:29.2 | 01:51.4 | 36:17.2 | 00:23:05 | 01:09:43 | 20      | 8   | 16  |
| 79  | Stuart    | Robertson  | Dumfries & Galloway TC | MV40     | M   | 08:37.6 | 01:03.9 | 35:08.0 | 00:25:01 | 01:09:50 | 21      | 5   | 17  |
| 83  | Sue       | Toppin     | Arragons Cumbrian TC   | FV40     | F   | 08:54.1 | 00:36.0 | 38:07.8 | 00:22:39 | 01:10:17 | 22      | 2   | 5   |
| 126 | Gareth    | Irving     | Unattached             | MS       | M   | 10:13.4 | 01:25.9 | 35:19.4 | 00:23:47 | 01:10:46 | 23      | 9   | 18  |
| 33  | Baz       | Harper     | Carlisle Tri Club      | MS       | M   | 09:00.0 | 01:28.8 | 37:44.7 | 00:22:34 | 01:10:48 | 24      | 10  | 19  |
| 99  | Paul      | Cowing     | Unattached             | MV40     | M   | 09:08.0 | 01:01.1 | 36:44.7 | 00:24:35 | 01:11:29 | 25      | 6   | 20  |
| 71  | Amanda    | Singleton  | Arragons Cumbrian TC   | FV40     | F   | 09:26.4 | 00:43.1 | 36:13.5 | 00:25:23 | 01:11:46 | 26      | 3   | 6   |
| 114 | Michelle  | Harrison   | Unattached             | FS       | F   | 07:19.8 | 00:54.0 | 40:33.2 | 00:23:31 | 01:12:18 | 27      | 4   | 7   |
| 61  | Philip    | Jackson    | Unattached             | MS       | M   | 08:55.3 | 01:17.8 | 37:02.3 | 00:25:17 | 01:12:32 | 28      | 11  | 21  |
| 110 | Gordon    | Brown      | Dumfries & Galloway TC | MS       | M   | 09:19.2 | 00:48.9 | 39:00.6 | 00:24:20 | 01:13:28 | 29      | 12  | 22  |
| 21  | Craig     | Jamieson   | Unattached             | MV40     | M   | 09:10.8 | 01:12.8 | 36:48.8 | 00:26:18 | 01:13:31 | 30      | 7   | 23  |
| 118 | Sarah     | Dent       | Carlisle Tri Club      | FS       | F   | 10:04.2 | 01:11.1 | 38:17.3 | 00:24:13 | 01:13:45 | 31      | 5   | 8   |

| Bib | FirstName | LastName    | Club                   | Category | Sex | Swim    | T1      | Bike    | Run+T2   | Finish   | Overall | Cat | Sex |
|-----|-----------|-------------|------------------------|----------|-----|---------|---------|---------|----------|----------|---------|-----|-----|
| 39  | Rob       | Earle       | Unattached             | MS       | M   | 09:51.8 | 01:29.2 | 37:56.3 | 00:24:34 | 01:13:51 | 32      | 13  | 24  |
| 2   | Ben       | Harper      | Carlisle Tri Club      | MV40     | M   | 08:54.8 | 01:05.7 | 41:47.4 | 00:22:25 | 01:14:12 | 33      | 8   | 25  |
| 117 | Annika    | Stumpf      | DH Runners             | FS       | F   | 11:58.3 | 01:27.8 | 38:43.1 | 00:22:20 | 01:14:29 | 34      | 6   | 9   |
| 56  | Ellen     | Roberts     | Heaton Harriers        | FS       | F   | 09:05.0 | 00:56.6 | 42:30.5 | 00:22:43 | 01:15:16 | 35      | 7   | 10  |
| 68  | Sebastian | Buszko      | Carlisle Tri Club      | MV40     | M   | 10:08.8 | 01:03.0 | 38:23.1 | 00:25:58 | 01:15:33 | 36      | 9   | 26  |
| 80  | Kev       | Iveson      | Carlisle Tri Juniors   | MS       | M   | 11:58.3 | 01:12.1 | 38:08.3 | 00:24:49 | 01:16:08 | 37      | 14  | 27  |
| 42  | Dean      | Taylor      | Unattached             | MV50     | M   | 12:34.3 | 01:09.6 | 38:50.5 | 00:23:35 | 01:16:09 | 38      | 4   | 28  |
| 34  | David     | Magri       | Unattached             | MS       | M   | 10:43.3 | 01:46.1 | 40:07.1 | 00:23:53 | 01:16:30 | 39      | 15  | 29  |
| 87  | Vicky     | Ronald      | GOG                    | FV50     | F   | 09:48.3 | 01:01.5 | 39:13.3 | 00:26:29 | 01:16:32 | 40      | 1   | 11  |
| 12  | Emily     | Arter       | Carlisle Tri Club      | FS       | F   | 09:34.8 | 01:15.4 | 41:15.7 | 00:24:37 | 01:16:43 | 41      | 8   | 12  |
| 76  | Emma      | Westmancott | Dumfries & Galloway TC | FS       | F   | 09:01.7 | 01:14.1 | 38:24.0 | 00:28:49 | 01:17:29 | 42      | 9   | 13  |
| 131 | David     | Connor      | Carlisle Tri           | MV40     | M   | 10:53.2 | 01:19.0 | 40:46.0 | 00:24:59 | 01:17:57 | 43      | 10  | 30  |
| 18  | Claire    | Hebdige     | Arragons Cumbrian TC   | FS       | F   | 08:59.2 | 01:21.2 | 42:53.4 | 00:25:16 | 01:18:30 | 44      | 10  | 14  |
| 119 | Julie     | Simpson     | Unattached             | FV40     | F   | 11:33.3 | 01:22.6 | 40:00.4 | 00:25:36 | 01:18:32 | 45      | 4   | 15  |
| 41  | John      | Pirrie      | NE31 Tri Club          | MV40     | M   | 10:44.2 | 01:23.2 | 39:18.9 | 00:27:09 | 01:18:35 | 46      | 11  | 31  |
| 81  | Stephen   | Morris      | Unattached             | MV50     | M   | 09:52.3 | 01:03.6 | 39:33.6 | 00:28:11 | 01:18:40 | 47      | 5   | 32  |
| 4   | Joseph    | Fell        | Unattached             | MS       | M   | 10:06.0 | 01:17.2 | 42:39.2 | 00:24:41 | 01:18:44 | 48      | 16  | 33  |
| 63  | Sally     | Blackmore   | Arragons Cumbrian TC   | FV50     | F   | 09:41.5 | 01:13.5 | 38:36.1 | 00:29:25 | 01:18:56 | 49      | 2   | 16  |
| 3   | Dave      | Foulkes     | Unattached             | MV40     | M   | 09:08.7 | 01:21.8 | 39:51.5 | 00:28:52 | 01:19:14 | 50      | 12  | 34  |
| 93  | Nathan    | Postill     | Unattached             | MS       | M   | 10:32.0 | 03:03.2 | 44:23.9 | 00:21:24 | 01:19:23 | 51      | 17  | 35  |
| 54  | Suzanne   | Mercer      | Border Triathletes     | FV50     | F   | 08:30.9 | 01:09.1 | 41:05.6 | 00:28:43 | 01:19:28 | 52      | 3   | 17  |
| 105 | Andrew    | Atkinson    | Carlisle Tri Club      | MV60     | M   | 09:28.4 | 01:16.4 | 39:34.4 | 00:29:12 | 01:19:31 | 53      | 1   | 36  |
| 36  | Niall     | Allen-Curry | Unattached             | MS       | M   | 09:45.1 | 03:03.3 | 40:37.8 | 00:26:26 | 01:19:52 | 54      | 18  | 37  |
| 108 | Sarah     | McIntosh    | Unattached             | FS       | F   | 11:00.4 | 01:25.2 | 40:01.4 | 00:27:34 | 01:20:01 | 55      | 11  | 18  |
| 70  | Nicola    | Carruthers  | Carlisle Tri Club      | FV40     | F   | 10:41.6 | 01:20.6 | 42:08.8 | 00:26:00 | 01:20:11 | 56      | 5   | 19  |
| 29  | Trevor    | Parr        | Unattached             | MV50     | M   | 12:07.9 | 01:20.5 | 39:49.4 | 00:27:20 | 01:20:38 | 57      | 6   | 38  |
| 98  | Angela    | Thompson    | Unattached             | FS       | F   | 10:58.8 | 00:43.5 | 41:12.6 | 00:27:44 | 01:20:39 | 58      | 12  | 20  |
| 84  | David     | Robinson    | Carlisle Tri Club      | MV50     | M   | 10:18.3 | 01:51.5 | 40:00.9 | 00:28:44 | 01:20:55 | 59      | 7   | 39  |
| 85  | Daniel    | Jeffrey     | Unattached             | MS       | M   | 09:14.1 | 01:06.1 | 41:37.4 | 00:29:15 | 01:21:13 | 60      | 19  | 40  |
| 122 | Andrea    | Fox         | Unattached             | FV40     | F   | 12:23.1 | 00:56.8 | 43:13.2 | 00:25:48 | 01:22:21 | 61      | 6   | 21  |
| 92  | Nick      | Barker      | Tri Lakeland           | MS       | M   | 12:57.7 | 01:05.6 | 43:30.9 | 00:24:50 | 01:22:24 | 62      | 20  | 41  |
| 6   | Brian     | Rooney      | Unattached             | MV40     | M   | 11:57.1 | 02:57.8 | 44:17.8 | 00:23:22 | 01:22:35 | 63      | 13  | 42  |

| Bib | FirstName | LastName    | Club                 | Category | Sex | Swim    | T1      | Bike    | Run+T2   | Finish   | Overall | Cat | Sex |
|-----|-----------|-------------|----------------------|----------|-----|---------|---------|---------|----------|----------|---------|-----|-----|
| 129 | David     | Goodall     | Unattached           | MV40     | M   | 11:22.8 | 01:12.3 | 42:32.8 | 00:27:42 | 01:22:50 | 64      | 14  | 43  |
| 26  | Carole    | Fearon      | Unattached           | FS       | F   | 07:46.4 | 01:41.4 | 45:43.9 | 00:27:47 | 01:22:59 | 65      | 13  | 22  |
| 104 | Kerry     | Braithwaite | Carlisle Tri Club    | FV40     | F   | 11:02.8 | 01:21.5 | 42:53.6 | 00:28:06 | 01:23:24 | 66      | 7   | 23  |
| 91  | Teresa    | Douglas     | Arragons Cumbrian TC | FV60     | F   | 10:12.1 | 01:24.1 | 43:49.5 | 00:28:05 | 01:23:31 | 67      | 1   | 24  |
| 10  | Viki      | Kent        | Unattached           | FS       | F   | 10:01.4 | 01:31.6 | 43:49.4 | 00:28:11 | 01:23:34 | 68      | 14  | 25  |
| 100 | Joe       | Broomfield  | Unattached           | MS       | M   | 10:20.6 | 01:39.3 | 45:23.4 | 00:26:31 | 01:23:54 | 69      | 21  | 44  |
| 106 | Michelle  | Kingston    | Unattached           | FS       | F   | 10:12.4 | 01:51.9 | 44:51.9 | 00:27:08 | 01:24:04 | 70      | 15  | 26  |
| 9   | Darren    | Ryan        | Carlisle Tri Club    | MV50     | M   | 10:21.7 | 01:59.7 | 44:12.8 | 00:27:30 | 01:24:04 | 71      | 8   | 45  |
| 30  | Simon     | Unwin       | Unattached           | MS       | M   | 10:36.2 | 02:26.6 | 38:56.3 | 00:32:31 | 01:24:30 | 72      | 22  | 46  |
| 78  | Mathew    | Ireland     | Unattached           | MS       | M   | 16:30.9 | 01:21.9 | 40:44.6 | 00:26:12 | 01:24:49 | 73      | 23  | 47  |
| 40  | Michael   | Thompson    | Quakers Running Club | MV40     | M   | 12:41.1 | 01:26.0 | 46:53.1 | 00:24:02 | 01:25:02 | 74      | 15  | 48  |
| 7   | Adrian    | Heaps       | Unattached           | MS       | M   | 11:06.0 | 03:19.9 | 43:03.5 | 00:27:37 | 01:25:06 | 75      | 24  | 49  |
| 95  | Becca     | Scott       | Unattached           | FS       | F   | 09:56.4 | 01:41.2 | 44:11.7 | 00:29:23 | 01:25:12 | 76      | 16  | 27  |
| 64  | Andrew    | Bourne      | Unattached           | MV40     | M   | 15:29.0 | 01:51.3 | 43:45.0 | 00:24:57 | 01:26:02 | 77      | 16  | 50  |
| 128 | David     | Messenger   | Tri Lakeland         | MV40     | M   | 12:52.2 | 01:20.4 | 42:12.3 | 00:30:01 | 01:26:25 | 78      | 17  | 51  |
| 28  | Garry     | Shimmings   | Unattached           | MV40     | M   | 11:07.4 | 01:59.8 | 42:41.3 | 00:31:13 | 01:27:02 | 79      | 18  | 52  |
| 120 | Georgie   | Lowry       | Carlisle Tri Club    | FS       | F   | 12:59.1 | 01:30.6 | 47:15.5 | 00:25:24 | 01:27:09 | 80      | 17  | 28  |
| 24  | Thomas    | Reese       | Unattached           | MS       | M   | 09:42.2 | 01:58.7 | 49:29.6 | 00:26:07 | 01:27:18 | 81      | 25  | 53  |
| 35  | Kieran    | Allen-Curry | Unattached           | MS       | M   | 11:22.6 | 02:36.2 | 41:50.0 | 00:31:48 | 01:27:37 | 82      | 26  | 54  |
| 49  | Hannah    | Plimmer     | Unattached           | FS       | F   | 10:50.5 | 01:45.1 | 42:29.9 | 00:32:43 | 01:27:48 | 83      | 18  | 29  |
| 38  | Andrew    | Field       | Arragons Cumbrian TC | MS       | M   | 09:08.7 | 01:31.0 | 42:27.1 | 00:35:01 | 01:28:08 | 84      | 27  | 55  |
| 109 | Heather   | Brown       | Unattached           | FV40     | F   | 12:45.2 | 02:08.8 | 44:31.6 | 00:28:59 | 01:28:25 | 85      | 8   | 30  |
| 27  | Jonny     | Fearon      | Unattached           | MS       | M   | 09:05.9 | 02:01.3 | 43:36.1 | 00:34:07 | 01:28:51 | 86      | 28  | 56  |
| 1   | Jim       | Drysdale    | Unattached           | MV50     | M   | 11:24.2 | 01:39.6 | 42:26.2 | 00:33:55 | 01:29:25 | 87      | 9   | 57  |
| 19  | Luiza     | Oliver      | Arragons Cumbrian TC | FV40     | F   | 10:23.2 | 01:24.1 | 46:45.6 | 00:30:55 | 01:29:28 | 88      | 9   | 31  |
| 73  | Joanne    | Goodfellow  | Carlisle Tri Club    | FS       | F   | 09:29.5 | 01:11.0 | 47:17.1 | 00:31:51 | 01:29:48 | 89      | 19  | 32  |
| 55  | Lynn      | Connolly    | DH Runners           | FV40     | F   | 12:34.2 | 01:54.3 | 48:55.9 | 00:27:01 | 01:30:26 | 90      | 10  | 33  |
| 127 | Tania     | Messenger   | Tri Lakeland         | FS       | F   | 11:43.3 | 01:30.0 | 46:25.8 | 00:32:13 | 01:31:52 | 91      | 20  | 34  |
| 67  | Kathryn   | Darling     | Unattached           | FV50     | F   | 12:59.4 | 02:16.4 | 47:18.2 | 00:30:23 | 01:32:57 | 92      | 4   | 35  |
| 45  | Nina      | Errington   | DH Runners           | FV40     | F   | 13:32.7 | 01:20.5 | 44:18.4 | 00:34:18 | 01:33:30 | 93      | 11  | 36  |
| 94  | Bethany   | Duffy       | DH Runners           | FS       | F   | 12:26.2 | 01:40.8 | 52:17.0 | 00:27:12 | 01:33:36 | 94      | 21  | 37  |
| 11  | Louisa    | Weeks       | Carlisle Tri Club    | FV40     | F   | 12:16.3 | 02:04.2 | 47:19.3 | 00:31:59 | 01:33:38 | 95      | 12  | 38  |

| Bib | FirstName | LastName    | Club                       | Category | Sex | Swim    | T1      | Bike    | Run+T2   | Finish   | Overall | Cat | Sex |
|-----|-----------|-------------|----------------------------|----------|-----|---------|---------|---------|----------|----------|---------|-----|-----|
| 74  | Leah      | Beresford   | Carlisle Tri Club          | FS       | F   | 10:21.0 | 01:15.8 | 50:18.6 | 00:32:28 | 01:34:23 | 96      | 22  | 39  |
| 31  | Micky     | Shore       | Castle Tri                 | MS       | M   | 13:55.4 | 01:07.9 | 51:45.8 | 00:27:41 | 01:34:30 | 97      | 29  | 58  |
| 52  | Michael   | Weston      | Unattached                 | MS       | M   | 13:31.3 | 02:01.7 | 50:49.6 | 00:28:21 | 01:34:44 | 98      | 30  | 59  |
| 133 | Lindsey   | Irvine      | Unattached                 | FS       | F   | 13:08.0 | 01:30.1 | 49:29.8 | 00:30:53 | 01:35:01 | 99      | 23  | 40  |
| 43  | Kerry     | Byrne       | Kendal Triathlon Club      | FV40     | F   | 11:20.4 | 01:04.4 | 52:27.8 | 00:31:31 | 01:36:24 | 100     | 13  | 41  |
| 69  | Abi       | Drago       | Carlisle Tri Club          | FV40     | F   | 13:41.4 | 01:49.5 | 50:58.1 | 00:29:59 | 01:36:28 | 101     | 14  | 42  |
| 53  | Denise    | Courtney    | Unattached                 | FV40     | F   | 12:17.8 | 02:40.3 | 48:38.6 | 00:34:19 | 01:37:56 | 102     | 15  | 43  |
| 116 | Roger     | Mcmeikan    | Unattached                 | MV50     | M   | 11:18.0 | 02:08.2 | 46:52.9 | 00:37:57 | 01:38:16 | 103     | 10  | 60  |
| 200 | Joanne    | Eccles      | Unattached                 | FV40     | F   | 10:45.6 | 03:02.4 | 51:03.3 | 00:33:37 | 01:38:28 | 104     | 16  | 44  |
| 25  | Pamela    | Coughlan    | Unattached                 | FV50     | F   | 08:34.2 | 02:50.6 | 54:11.1 | 00:33:27 | 01:39:03 | 105     | 5   | 45  |
| 16  | Sarah     | Bracewell   | Unattached                 | FS       | F   | 13:17.2 | 02:34.6 | 53:03.6 | 00:30:58 | 01:39:54 | 106     | 24  | 46  |
| 103 | Alex      | Dingwall    | Dumfries & Galloway TC     | MV40     | M   | 17:57.3 | 02:51.7 | 47:55.5 | 00:31:20 | 01:40:04 | 107     | 19  | 61  |
| 37  | Karen     | Frith       | Arragons Cumbrian TC       | FV50     | F   | 10:59.8 | 01:45.6 | 47:39.9 | 00:39:41 | 01:40:06 | 108     | 6   | 47  |
| 124 | Kevin     | Boyle       | Unattached                 | MV40     | M   | 19:35.6 | 01:34.8 | 47:53.2 | 00:31:10 | 01:40:14 | 109     | 20  | 62  |
| 60  | Holly     | Patterson   | Unattached                 | FS       | F   | 10:52.5 | 01:28.3 | 50:25.3 | 00:37:51 | 01:40:37 | 110     | 25  | 48  |
| 5   | Ivor      | Norman      | Unattached                 | MV60     | M   | 12:32.0 | 03:52.5 | 48:32.0 | 00:36:07 | 01:41:04 | 111     | 2   | 63  |
| 22  | Laura     | Ferguson    | Unattached                 | FS       | F   | 10:56.4 | 01:57.2 | 51:49.7 | 00:37:01 | 01:41:44 | 112     | 26  | 49  |
| 57  | Clare     | Bramley     | Unattached                 | FS       | F   | 17:51.6 | 02:42.5 | 46:13.6 | 00:36:00 | 01:42:48 | 113     | 27  | 50  |
| 75  | Helen     | Cupac       | DH Runners                 | FV40     | F   | 15:23.7 | 02:17.2 | 50:05.2 | 00:36:30 | 01:44:16 | 114     | 17  | 51  |
| 62  | Vivien    | Ferrier     | Ponteland Tri              | FV60     | F   | 12:57.4 | 01:37.5 | 54:01.1 | 00:36:37 | 01:45:13 | 115     | 2   | 52  |
| 130 | Frances   | Braithwaite | Unattached                 | FS       | F   | 14:40.4 | 02:01.3 | 51:18.5 | 00:37:18 | 01:45:18 | 116     | 28  | 53  |
| 72  | Louise    | Maguire     | Carlisle Tri Club          | FV40     | F   | 11:09.2 | 01:32.7 | 51:47.2 | 00:42:30 | 01:46:59 | 117     | 18  | 54  |
| 125 | Alison    | Mckerlie    | Unattached                 | FS       | F   | 16:22.0 | 02:27.7 | 51:17.8 | 00:36:52 | 01:47:00 | 118     | 29  | 55  |
| 17  | Corrie    | Rosenberg   | Unattached                 | FV40     | F   | 12:18.4 | 01:51.5 | 52:21.1 | 00:41:19 | 01:47:50 | 119     | 19  | 56  |
| 58  | Fiona     | Morrison    | Unattached                 | FS       | F   | 13:10.6 | 03:20.7 | 52:50.2 | 00:38:40 | 01:48:01 | 120     | 30  | 57  |
| 115 | Karen     | Mcmeikan    | Unattached                 | FV50     | F   | 13:27.4 | 02:35.4 | 49:07.4 | 00:44:01 | 01:49:11 | 121     | 7   | 58  |
| 65  | Heather   | Harrison    | DH Runners                 | FV40     | F   | 22:44.8 | 02:41.3 | 50:33.5 | 00:33:13 | 01:49:13 | 122     | 20  | 59  |
| 23  | Dominic   | Martin      | Total Transition Triathlon | MS       | M   | 13:08.1 | 02:56.0 | 58:44.0 | 00:38:58 | 01:53:46 | 123     | 31  | 64  |
| 112 | Roy       | Weisser     | Carlisle Tri Club          | MV60     | M   | 12:32.1 | 02:41.1 | 55:36.0 | 00:43:15 | 01:54:05 | 124     | 3   | 65  |
| 59  | Lorna     | Owens       | Unattached                 | FS       | F   | 09:26.6 | 01:37.1 | 09:50.0 | 00:33:50 | 01:54:44 | 125     | 31  | 60  |
| 89  | Kate      | Crawford    | Carlisle Tri Club          | FS       | F   | 14:35.0 | 01:55.8 | 02:28.4 | 00:35:47 | 01:54:47 | 126     | 32  | 61  |
| 46  | Kirsty    | Mahoney     | Unattached                 | FS       | F   | 17:24.5 | 01:45.5 | 55:28.5 | 00:41:35 | 01:56:14 | 127     | 33  | 62  |

| Bib | FirstName | LastName  | Club       | Category | Sex | Swim | T1 | Bike | Run+T2 | Finish | Overall | Cat | Sex |
|-----|-----------|-----------|------------|----------|-----|------|----|------|--------|--------|---------|-----|-----|
| 96  | James     | Carradice | Unattached | MS       | M   |      |    |      |        | DNS    |         |     |     |
| 14  | Rob       | Salthouse | Unattached | MV50     | M   |      |    |      |        | DNS    |         |     |     |
| 48  | Mark      | Plimmer   | Unattached | MV40     | M   |      |    |      |        | DNS    |         |     |     |
| 44  | Hamish    | Kerr      | Unattached | MV40     | M   |      |    |      |        | DNS    |         |     |     |
| 51  | Tiago     | Dores     | Unattached | MS       | M   |      |    |      |        | DNS    |         |     |     |
| 13  | Emma      | Salthouse | Unattached | FS       | F   |      |    |      |        | DNS    |         |     |     |