

CARLISLE TRIATHLON

02 AUGUST 2015

First Name	Last Name	Age	Club	Category	Swim to T1	T1 + Bike + T2	Run	Overall Time	Overall Position	Category Position	Gender Position
Ross	Landon	22	TRI4U COACHING	M	00:06:28	00:49:46.45		00:56:14.75	1	1	1
Stephen	Lewis	32	CARLISLE TRI CLUB	M	00:08:17	00:31:11.60	00:20:36.85	01:00:05.35	2	2	2
Ryan	Gavin	32	CARLISLE TRI CLUB	M	00:08:42	00:33:21.85	00:20:11.20	01:02:15.45	3	3	3
Lukas	Hufnagel	26		M	00:07:48	00:35:50.55	00:19:22.85	01:03:01.20	4	4	4
Angus	Peden	42	AYRODYNAMIC TRI CLUB	MV40	00:08:35	00:33:48.65	00:20:40.00	01:03:04.05	5	1	5
Mhairi	Duff	36	DUMFRIES AND GALLOWAY	F	00:09:01	00:36:16.50	00:18:58.65	01:04:16.55	6	1	1
Ian	Walton	47	REDVENOM.CO.UK	MV40	00:08:14	00:34:36.50	00:22:05.90	01:04:56.80	7	2	6
Paul	Taylor	46	DARWEN TRI	MV40	00:08:32	00:34:11.40	00:22:23.10	01:05:06.70	8	3	7
Michael	Dent	52	ARRAGONS CUMBRIAN TRI CLUB	MV50	00:07:02	00:35:55.95	00:23:08.70	01:06:07.00	9	1	8
Chris	Freer	43	TRI-LAKELAND	MV40	00:09:36	00:34:51.30	00:21:44.40	01:06:11.50	10	4	9
Neil	Pearson	44	DUMFRIES AND GALLOWAY	MV40	00:10:00	00:35:08.50	00:21:51.35	01:06:59.95	11	5	10
Mark	Colman	39	CARLISLE TRI CLUB	M	00:08:35	00:37:02.35	00:22:33.50	01:08:11.15	12	5	11
Samantha	Sugden	35	ARRAGONS CUMBRIAN TRI CLUB	F	00:07:57	00:37:07.40	00:23:16.65	01:08:20.90	13	2	2
Nick	Cuff	27		M	00:10:48	00:37:54.10	00:20:16.70	01:08:59.05	14	6	12
Craig	Bathgate	21	STIRLING UNIVERSITY TRI CLUB	M	00:09:05	00:37:31.45	00:22:52.00	01:09:28.40	15	7	13
Carl	Tomlinson	29	TRI-LAKELAND	M	00:11:16	00:38:22.30	00:19:58.10	01:09:36.85	16	8	14
Karen	Bridge	46	ARRAGONS CUMBRIAN TRI CLUB	FV40	00:09:36	00:38:47.65	00:21:14.60	01:09:38.30	17	1	3
Stuart	Garner	34	DUMFRIES AND GALLOWAY	M	00:09:22	00:35:02.50	00:25:16.25	01:09:41.00	18	9	15
Rory	Harkins	36		M	00:10:14	00:38:18.65	00:21:26.20	01:09:58.70	19	10	16
Stuart	Sirey	34	CARLISLE TRI CLUB	M	00:10:31	00:37:19.85	00:22:09.55	01:10:00.80	20	11	17
Graeme	Cross	46	DUMFRIES AND GALLOWAY	MV40	00:09:16	00:40:13.15	00:21:20.65	01:10:49.35	21	6	18
David	Scott	34	DUMFRIES AND GALLOWAY	M	00:08:42	00:39:41.70	00:23:09.55	01:11:32.85	22	12	19
Gareth	Irving	34		M	00:10:09	00:37:52.25	00:23:33.50	01:11:34.95	23	13	20

Alun	Brown	38		M	00:10:29	00:36:51.75	00:24:59.40	01:12:19.70	24	14	21
Suzanne	Toppin	46		FV40	00:10:43	00:40:01.25	00:21:44.65	01:12:28.50	25	2	4
Cameron	Petrie	30		M	00:08:53	00:38:12.65	00:25:26.55	01:12:32.25	26	15	22
Peter	Stockdale	40	CARLISLE TRI CLUB	MV40	00:09:45	00:39:08.10	00:24:17.50	01:13:10.70	27	7	23
Joseph David	Eastman	18	BORDER CITY CROSSFIT	M	00:09:16	00:41:45.15	00:22:24.50	01:13:25.30	28	16	24
Eleanor	Cliffe	27		F	00:09:13	00:40:12.35	00:24:21.65	01:13:46.55	29	3	5
Danial	Green	31		M	00:09:03	00:40:37.20	00:24:16.25	01:13:56.35	30	17	25
Ben	Heslop	36	BORDER CITY CROSSFIT	M	00:09:08	00:40:53.25	00:24:08.80	01:14:10.25	31	18	26
Amanda	Singleton	46	ARRAGONS CUMBRIAN TRI CLUB	FV40	00:09:22	00:40:18.50	00:24:56.70	01:14:37.55	32	3	6
Bob	Johnston	70	BRADFORD	MV70	00:11:50	00:38:08.35	00:24:40.65	01:14:38.75	33	1	27
Chris	Gill	36		M	00:10:33	00:39:51.85	00:24:58.45	01:15:23.10	34	19	28
Phil	Jackson	37		M	00:09:41	00:39:48.90	00:26:27.40	01:15:56.90	35	20	29
Steven	Bragg	36	CARLISLE TRI CLUB	M	00:10:10	00:42:14.80	00:23:33.50	01:15:58.40	36	21	30
Elizabeth	Earle	36	ONE LIFE	F	00:10:07	00:42:05.70	00:24:13.85	01:16:26.10	37	4	7
Nicola	Carruthers	39	CARLISLE TRI CLUB	F	00:09:31	00:42:34.95	00:24:39.60	01:16:45.85	38	5	8
Anthony	Lees	50		MV50	00:09:44	00:43:04.05	00:23:58.80	01:16:46.80	39	2	31
Paul	Giles	45		MV40	00:10:46	00:42:56.10	00:23:28.15	01:17:10.60	40	8	32
Dave	Graham	39	CARLISLE TRI CLUB	M	00:11:37	00:39:26.50	00:26:32.95	01:17:36.15	41	22	33
Christopher	Beckett	25	ROCHDALE TRI CLUB	M	00:11:53	00:40:39.65	00:25:07.85	01:17:40.80	42	23	34
Ian	Clark	53	DUMFRIES AND GALLOWAY	MV50	00:11:36	00:42:25.85	00:23:53.80	01:17:55.20	43	3	35
Angus	Grant	35	TRI DUBAI	M	00:11:01	00:40:54.40	00:26:18.15	01:18:14.05	44	24	36
Don	Shotton	72	TYNE TRIATHLON	MV70	00:10:23	00:41:01.60	00:26:52.25	01:18:16.40	45	2	37
Andrew	Atkinson	50	CARLISLE TRI CLUB	MV50	00:09:49	00:39:49.90	00:28:47.45	01:18:26.80	46	4	38
Isla	Goldie	35	GLASGOW TRIATHLON CLUB	F	00:10:09	00:43:02.65	00:25:30.70	01:18:42.85	47	6	9
Craig	Stitt	36	DUMFRIES AND GALLOWAY	M	00:08:47	00:43:34.10	00:27:04.20	01:19:25.50	48	25	39
Lucy	Lamb	40		FV40	00:12:10	00:43:18.65	00:24:11.90	01:19:40.55	49	4	10
Gordon	Brown	32	DUMFRIES AND GALLOWAY	M	00:11:45	00:41:46.80	00:26:35.05	01:20:07.20	50	26	40
Rob	Earle	35		M	00:10:51	00:42:17.00	00:27:19.65	01:20:27.35	51	27	41
Julie	Simpson	45		FV40	00:11:44	00:42:44.45	00:25:59.65	01:20:28.40	52	5	11
Ben	Burrell	29		M	00:14:11	00:45:03.65	00:21:26.10	01:20:40.95	53	28	42
Thomas	Towle	36	CARLISLE TRI CLUB	M	00:13:16	00:44:42.85	00:23:14.80	01:21:13.30	54	29	43
Lucy	Child	24		F	00:09:41	00:42:46.80	00:28:52.75	01:21:20.35	55	7	12
Rachel	Blair	25		F	00:09:02	00:45:15.25	00:27:25.55	01:21:42.60	56	8	13

Scott	Reeves	45		MV40	00:10:19	00:43:47.30	00:27:49.25	01:21:55.20	57	9	44
Suzanne	McArdle	36		F	00:10:48	00:44:24.60	00:27:03.90	01:22:16.50	58	9	14
Mark	Maclagan	33		M	00:09:58	00:45:42.80	00:27:02.90	01:22:43.70	59	30	45
Nick	Balcombe	47	ARRAGONS CUMBRIAN TRI CLUB	MV40	00:11:27	00:41:41.50	00:30:28.50	01:23:37.40	60	10	46
Neil	Boyd	44	DUMFRIES AND GALLOWAY	MV40	00:10:55	00:43:57.15	00:28:50.05	01:23:42.05	61	11	47
Michael	Thompson	44		MV40	00:13:22	00:46:44.30	00:23:36.60	01:23:43.30	62	12	48
Charlotte	Neate	17		YTH	00:08:22	00:52:40.80	00:22:51.65	01:23:54.35	63	1	15
Scott	Nichol	29	CARLISLE TRI CLUB	M	00:12:28	00:42:48.95	00:28:44.60	01:24:01.90	64	31	49
Bruce	Pilling	41		MV40	00:10:56	00:47:52.10	00:25:39.75	01:24:27.90	65	13	50
Andy	Johnston	56		MV50	00:11:56	00:46:49.20	00:26:19.15	01:25:04.75	66	5	51
Fiona	Smith	39		F	00:13:09	00:46:05.95	00:25:51.65	01:25:06.35	67	10	16
Sebastian	Buszko	42		MV40	00:12:49	00:46:51.35	00:25:31.05	01:25:11.60	68	14	52
Matthew	Waning	32		M	00:11:39	00:49:21.65	00:24:52.05	01:25:53.00	69	32	53
David	Robinson	50	CARLISLE TRI CLUB	MV50	00:10:39	00:46:58.95	00:28:26.95	01:26:04.80	70	6	54
Andrew	Smith	51		MV50	00:11:12	00:46:08.75	00:28:56.45	01:26:17.60	71	7	55
Hayley	Todd	27		F	00:11:12	00:46:36.60	00:28:47.30	01:26:35.55	72	11	17
Simon	Unwin	32		M	00:11:02	00:44:25.30	00:31:19.00	01:26:46.40	73	33	56
William	Baird	26	AYRODYNAMIC TRI CLUB	M	00:10:08	00:43:50.50	00:33:13.45	01:27:11.70	74	34	57
Mark	Eastman	48		MV40	00:12:39	00:47:30.00	00:27:13.95	01:27:23.25	75	15	58
Mike	Wright	31		M	00:12:58	00:43:11.30	00:31:19.15	01:27:27.95	76	35	59
Jason	Lancaster	22		M	00:15:38	00:45:58.85	00:26:22.10	01:27:58.55	77	36	60
Nicola	Jameson	28		F	00:08:27	00:46:09.90	00:33:27.75	01:28:05.05	78	12	18
Sarah	Leahy	44		FV40	00:10:10	00:48:16.00	00:32:46.45	01:31:12.80	79	6	19
Martin	Burton	32	BLACKPOOL AQUATICS ASC (BATS)	M	00:10:56	00:47:34.10	00:32:47.45	01:31:17.40	80	37	61
Rebecca	Errington	34		F	00:09:32	00:49:37.85	00:32:14.70	01:31:25.00	81	13	20
Angela	Fisher	36	CARLISLE TRI CLUB	F	00:14:32	00:50:42.25	00:26:16.55	01:31:31.25	82	14	21
John	Welch	30		M	00:10:08	00:49:09.70	00:32:23.25	01:31:40.85	83	38	62
Lorraine	Bell	40		FV40	00:11:48	00:51:53.75	00:27:59.65	01:31:40.95	84	7	22
Steve	Claringbold	35	CARLISLE TRI CLUB	M	00:19:22	00:46:16.90	00:26:32.80	01:32:12.20	85	39	63
Michelle	McCrinkle	43	DUMFRIES AND GALLOWAY	FV40	00:12:54	00:49:55.50	00:29:29.05	01:32:18.25	86	8	23
Kevin	Boyle	38		M	00:18:34	00:47:04.25	00:27:37.90	01:33:15.80	87	40	64
Laura	Wylie	31		F	00:10:52	00:48:00.50	00:35:15.70	01:34:08.70	88	15	24
Alex	Dingwall	47	DUMFRIES AND GALLOWAY	MV40	00:15:35	00:50:01.70	00:28:31.90	01:34:08.75	89	16	65

Anna	Bull	32		F	00:12:34	00:50:29.80	00:31:12.05	01:34:16.20	90	16	25
Ben	Clementson	30		M	00:11:11	00:51:00.20	00:32:46.10	01:34:57.75	91	41	66
Karen	Archer	33	COLT	F	00:11:52	00:50:48.20	00:32:36.50	01:35:16.30	92	17	26
Steven	Lowes	47		MV40	00:17:03	00:50:02.70	00:29:10.95	01:36:16.15	93	17	67
Lyndsay	Dougall	32	NONE	F	00:12:14	00:52:06.95	00:32:06.20	01:36:27.30	94	18	27
Leo	Ponton	52	CARLISLE TRI	MV50	00:16:10	00:52:17.20	00:29:34.35	01:38:02.05	95	8	68
Sandra	Davidson	51	CARLISLE TRI CLUB	FV50	00:16:41	00:52:02.55	00:29:40.05	01:38:23.15	96	1	28
Liz	Young	31		F	00:12:12	00:55:40.15	00:38:39.30	01:46:31.90	97	19	29
Gillian	Kennedy	60	PERTH TRIATHLON CLUB	FV60	00:13:31	00:52:14.30	00:41:24.45	01:47:09.95	98	1	30
Roy	Weisser	62		MV60	00:13:31	00:54:44.25	00:42:16.65	01:50:31.55	99	1	69
Christopher	Gray	29		M	00:14:00	01:10:17.00	00:35:00.05	01:59:17.45	100	42	70
Rebecca	Bennett	40		FV40	00:14:03	01:11:51.60	00:47:54.20	02:13:48.60	101	9	31
David	Sloan	22	DUMFRIES AND GALLOWAY	M	00:10:06	00:34:24.75	00:44:30.70	No split recorded	TBA	TBA	TBA
Lynn	Clemmitt	51	CARLISLE TRI CLUB	FV50	00:14:17	DNF					
Tony	Nugent	51		MV50							
Angela	Irwin	48		FV40							
Nicola	Jenkinson	41		FV40							
Richie	Nicoll	37		M							
Karen	Stuart	46	NONE	FV40							
Alan	Spence	30	DNG TRI CLUB	M							
Piers	Tolson	43		MV40							
Becky	Seward	26		F							