

CARLISLE TRIATHLON RESULTS 2011

Race No	Name	Age	Cat	M/F	Club	Swim Start Time	Swim Finish Time	Swim Time	Cycle Start Time	Cycle Finish Time	Cycle Time Includes T1	Run Start Time	Run Finish Time	Run Time Includes T2	Race Time	Position
213	Paul Ritson	32	O	M	Carlisle Tri Club	14:21:05	14:28:30	00:07:25	14:28:30	15:02:43	00:34:13	15:02:43	15:23:00	00:20:17	01:01:55	1
222	Ben Birks	32	O	M	Chester Tri	13:30:00	13:38:08	00:08:08	13:38:08	14:13:04	00:34:56	14:13:04	14:33:18	00:20:14	01:03:18	2
281	Simon Hunter	31	O	M	Tri-Lakeland	13:57:05	14:05:38	00:08:33	14:05:38	14:42:18	00:36:40	14:42:18	15:01:57	00:19:39	01:04:52	3
255	Jeff Thorpe	38	O	M	Tri-Lakeland	14:21:05	14:28:17	00:07:12	14:28:17	15:05:05	00:36:48	15:05:05	15:26:04	00:20:59	01:04:59	4
220	Brian Morrey	39	O	M	Carlisle Tri Club	13:57:05	14:04:18	00:07:13	14:04:18	14:40:00	00:35:42	14:40:00	15:02:37	00:22:37	01:05:32	5
285	Des Morris	45	V	M	Tri-Lakeland	14:21:05	14:29:27	00:08:22	14:29:27	15:07:10	00:37:43	15:07:10	15:27:03	00:19:53	01:05:58	6
236	Alan Cornthwaite	34	O	M	West Cumbria Tri	13:30:10	13:40:29	00:10:19	13:40:29	14:15:48	00:35:19	14:15:48	14:36:41	00:20:53	01:06:31	7
260	Davey Thompson	32	O	M	Unattached	13:43:05	13:51:53	00:08:48	13:51:53	14:30:14	00:38:21	14:30:14	14:50:11	00:19:57	01:07:06	8
234	Simon Clarke	36	O	M	Tri-Lakeland	13:57:00	14:05:56	00:08:56	14:05:56	14:44:27	00:38:31	14:44:27	15:06:08	00:21:41	01:09:08	9
249	Geoffrey Armstrong	48	V	M	Teesdale A.C.	13:57:05	14:06:40	00:09:35	14:06:40	14:46:39	00:39:59	14:46:39	15:06:40	00:20:01	01:09:35	10
252	Gareth White	28	O	M	Tri-Lakeland	13:43:00	13:51:40	00:08:40	13:51:40	14:30:31	00:38:51	14:30:31	14:52:48	00:22:17	01:09:48	11
282	Neil McNicholas	47	V	M	Tri-Lakeland	13:57:10	14:05:31	00:08:21	14:05:31	14:44:51	00:39:20	14:44:51	15:07:24	00:22:33	01:10:14	12
240	Colin Rigby	43	V	M	Astley & Tyldesley Road Runners	13:30:05	13:39:25	00:09:20	13:39:25	14:21:16	00:41:51	14:21:16	14:40:33	00:19:17	01:10:28	13
211	Chris Davison	48	V	M	Carlisle Tri Club	13:43:05	13:52:28	00:09:23	13:52:28	14:32:57	00:40:29	14:32:57	14:54:06	00:21:09	01:11:01	14
263	Kelly Crosbie		RT	RT	Carlisle Tri Club	12:40:10	12:51:30	00:11:20	12:51:30	13:26:34	00:35:04	13:26:34	13:51:37	00:25:03	01:11:27	15
267	Guy Graham	39	O	M	Annan 2010	13:57:10	14:06:45	00:09:35	14:06:45	14:45:30	00:38:45	14:45:30	15:08:54	00:23:24	01:11:44	16
232	Jonathan Brewer	40	V	M	Carlisle Tri Club	12:40:05	12:52:08	00:12:03	12:52:08	13:30:30	00:38:22	13:30:30	13:51:55	00:21:25	01:11:50	17
202	Graham Harmse	48	V	M	Carlisle Tri Club	14:10:00	14:17:49	00:07:49	14:17:49	15:00:02	00:42:13	15:00:02	15:23:22	00:23:20	01:13:22	18
278	Paul Cowing	38	O	M	Carlisle Tri Club	13:43:10	13:51:51	00:08:41	13:51:51	14:33:56	00:42:05	14:33:56	14:57:09	00:23:13	01:13:59	19
212	Robert Dixon	48	V	M	Carlisle Tri Club	13:30:10	13:39:29	00:09:19	13:39:29	14:19:51	00:40:22	14:19:51	14:44:29	00:24:38	01:14:19	20
209	Ria Lawrie	31	O	F	Carlisle Tri Club	13:43:00	13:53:00	00:10:00	13:53:00	14:31:15	00:38:15	14:31:15	14:57:29	00:26:14	01:14:29	21
219	Gaz Dixon	37	O	M	Carlisle Tri Club	13:00:10	13:11:07	00:10:57	13:11:07	13:49:19	00:38:12	13:49:19	14:14:53	00:25:34	01:14:43	22
250	Roger Smith	39	O	M	Unattached	13:43:05	13:50:30	00:07:25	13:50:30	14:32:59	00:42:29	14:32:59	14:57:50	00:24:51	01:14:45	23
235	David Rice	37	O	M	Carlisle Tri Club	13:15:00	13:25:58	00:10:58	13:25:58	14:05:35	00:39:37	14:05:35	14:30:10	00:24:35	01:15:10	24
216	Allan MacLean	46	V	M	Glasgow Wheelers Cycling Club	13:43:10	13:53:10	00:10:00	13:53:10	14:35:29	00:42:19	14:35:29	14:58:34	00:23:05	01:15:24	25
262	Amanda Ingram	36	O	F	Tri-Lakeland	13:43:05	13:51:15	00:08:10	13:51:15	14:37:24	00:46:09	14:37:24	14:58:44	00:21:20	01:15:39	26
279	Helen Young	31	O	F	Carlisle Tri Club	13:57:05	14:05:33	00:08:28	14:05:33	14:49:49	00:44:16	14:49:49	15:13:36	00:23:47	01:16:31	27
254	Louisa Tweddle	27	RT	RT	Carlisle Tri Club	14:10:10	14:17:05	00:06:55	14:17:05	15:04:31	00:47:26	15:04:31	15:26:51	00:22:20	01:16:41	28
261	Adrian Metcalf	39	O	M	Tri-Lakeland	13:43:00	13:54:02	00:11:02	13:54:02	14:36:42	00:42:40	14:36:42	15:00:07	00:23:25	01:17:07	29
215	Carolyn Millican	29	O	F	Carlisle Tri Club	13:57:00	14:04:21	00:07:21	14:04:21	14:48:19	00:43:58	14:48:19	15:14:35	00:26:16	01:17:35	30
233	Mark Eastwood	43	V	M	Tri-Lakeland	13:30:05	13:39:29	00:09:24	13:39:29	14:23:28	00:43:59	14:23:28	14:47:52	00:24:24	01:17:47	31
210	Amanda Singleton	42	V	F	Arragons Cumbria Tri Club	13:30:05	13:39:30	00:09:25	13:39:30	14:23:00	00:43:30	14:23:00	14:48:06	00:25:06	01:18:01	32
275	Dominic Treetops	42	V	M	Unattached	13:15:10	13:26:37	00:11:27	13:26:37	14:09:14	00:42:37	14:09:14	14:33:57	00:24:43	01:18:47	33
247	Jim Crosbie	56	SV	M	Unattached	13:30:10	13:38:02	00:07:52	13:38:02	14:23:40	00:45:38	14:23:40	14:49:00	00:25:20	01:18:50	34
239	Carl Wilkowski	34	O	M	One Life Racing	12:40:10	12:52:13	00:12:03	12:52:13	13:34:30	00:42:17	13:34:30	14:00:00	00:25:30	01:19:50	35
226	Nicola Jameson	24	O	F	Unattached	14:10:00	14:17:25	00:07:25	14:17:25	15:01:54	00:44:29	15:01:54	15:30:28	00:28:34	01:20:28	36
280	Bob Hodgson	31	O	M	Carlisle Tri Club	13:00:10	13:11:10	00:11:00	13:11:10	13:59:20	00:48:10	13:59:20	14:20:50	00:21:30	01:20:40	37
206	Bruce Walker	48	V	M	Unattached	13:30:00	13:39:30	00:09:30	13:39:30	14:27:39	00:48:09	14:27:39	14:50:40	00:23:01	01:20:40	38
243	Ronnie Lowes	46	V	M	Unattached	13:57:00	14:08:13	00:11:13	14:08:13	14:52:59	00:44:46	14:52:59	15:17:45	00:24:46	01:20:45	39
225	Bob Keeble	24	O	M	Arragons Cumbria Tri Club	14:21:00	14:27:45	00:06:45	14:27:45	15:18:10	00:50:25	15:18:10	15:41:47	00:23:37	01:20:47	40
207	Andrew Atkinson	54	SV	M	Carlisle Tri Club	13:30:00	13:39:29	00:09:29	13:39:29	14:23:45	00:44:16	14:23:45	14:51:26	00:27:41	01:21:26	41
276	David Jamieson	40	V	M	Unattached	13:15:05	13:26:57	00:11:52	13:26:57	14:10:17	00:43:20	14:10:17	14:36:34	00:26:17	01:21:29	42
231	Louise Griffin	45	V	F	One Life Racing	13:43:00	13:53:13	00:10:13	13:53:13	14:39:05	00:45:52	14:39:05	15:04:45	00:25:40	01:21:45	43
259	Paul Watson	48	V	M	Unattached	13:15:00	13:27:15	00:12:15	13:27:15	14:12:30	00:45:15	14:12:30	14:37:08	00:24:38	01:22:08	44
242	Steve Stamper	32	O	M	Unattached	13:30:00	13:41:50	00:11:50	13:41:50	14:25:39	00:43:49	14:25:39	14:52:21	00:26:42	01:22:21	45

