

# CARLISLE TRIATHLON RESULTS 2010

Race No	Name	Age	Cat	M/F	Club	Swim Start Time	Swim Finish Time	Swim Time	Cycle Start Time	Cycle Finish Time	Cycle Time Includes T1	Run Start Time	Run Finish Time	Run Time Includes T2	Race Time	Position
11	Fletcher Jon	30	O	M	Arragons Triathlon Club	15:39:10	15:46:10	00:07:00	15:46:10	16:20:54	00:34:44	16:20:54	16:37:19	00:16:25	00:58:09	1
64	Douglas James	25	O	M	Arragons Triathlon Club	15:39:00	15:46:23	00:07:23	15:46:23	16:21:05	00:34:42	16:21:05	16:37:33	00:16:28	00:58:33	2
14	Grubb Alasdair	20	O	M	C.O.L.T.	15:50:30	15:56:30	00:06:00	15:56:30	16:31:24	00:34:54	16:31:24	16:51:12	00:19:48	01:00:42	3
109	Hopkins Mark	45	V	M	Tri-Lakeland	15:39:10	15:46:29	00:07:19	15:46:29	16:20:59	00:34:30	16:20:59	16:39:54	00:18:55	01:00:44	4
26	Jones Paul	35	O	M	Alnwick Triathlon Club	15:50:30	15:57:01	00:06:31	15:57:01	16:32:11	00:35:10	16:32:11	16:51:32	00:19:21	01:01:02	5
52	Williams Fraser	22	O	M	R.A.F. Triathlon	15:26:40	15:34:42	00:08:02	15:34:42	16:10:37	00:35:55	16:10:37	16:27:50	00:17:13	01:01:10	6
78	Ritson Paul	30	O	M	Carlisle Tri Club	15:39:05	15:46:19	00:07:14	15:46:19	16:20:25	00:34:06	16:20:25	16:40:46	00:20:21	01:01:41	7
97	Henderson David	30	O	M	Inverclyde Velo	15:26:30	15:34:50	00:08:20	15:34:50	16:10:02	00:35:12	16:10:02	16:28:34	00:18:32	01:02:04	8
21	Morris Des	44	V	M	Tri-Lakeland	15:26:30	15:34:42	00:08:12	15:34:42	16:09:58	00:35:16	16:09:58	16:29:22	00:19:24	01:02:52	9
71	Ryan Mark	31	O	M	Carlisle Tri Club	15:39:00	15:47:06	00:08:06	15:47:06	16:22:03	00:34:57	16:22:03	16:42:32	00:20:29	01:03:32	10
99	McLaughlan Danny	51	SV	M	Inverclyde Velo	14:37:35	14:47:18	00:09:43	14:47:18	15:22:30	00:35:12	15:22:30	15:41:39	00:19:09	01:04:04	11
128	Morrey Brian	38	O	M	Carlisle Tri Club	15:14:05	15:21:59	00:07:54	15:21:59	15:57:02	00:35:03	15:57:02	16:18:46	00:21:44	01:04:41	12
126	Hunter Simon	42	V	M	Tri-Lakeland	14:25:30	14:34:31	00:09:01	14:34:31	15:10:54	00:36:23	15:10:54	15:30:19	00:19:25	01:04:49	13
6	Thorpe Jeff	37	O	M	Tri-Lakeland	15:39:00	15:46:06	00:07:06	15:46:06	16:21:05	00:34:59	16:21:05	16:43:54	00:22:49	01:04:54	14
87	Foster Ian	38	O	M	Tri-Lakeland	15:26:35	15:34:55	00:08:20	15:34:55	16:10:00	00:35:05	16:10:00	16:31:39	00:21:39	01:05:04	15
46	MacFarlane Ben	17	O	M	Unattached	15:01:55	15:10:18	00:08:23	15:10:18	15:46:58	00:36:40	15:46:58	16:07:10	00:20:12	01:05:15	16
96	Sedgwick Andrew	37	O	M	Darlington Tri Club	13:58:45	14:07:00	00:08:15	14:07:00	14:42:50	00:35:50	14:42:50	15:04:21	00:21:31	01:05:36	17
98	Forbes Graeme	41	V	M	Unattached	15:26:30	15:34:34	00:08:04	15:34:34	16:12:16	00:37:42	16:12:16	16:32:32	00:20:16	01:06:02	18
34	Martin Trevor (TEAM)	0	T	0	Carlisle Tri Club	12:39:05	12:50:10	00:11:05	12:50:10	13:26:00	00:35:50	13:26:00	13:45:09	00:19:09	01:06:04	19
72	Sewell David	28	O	M	Unattached	14:50:15	14:58:55	00:08:40	14:58:55	15:36:45	00:37:50	15:36:45	15:57:20	00:20:35	01:07:05	20
73	Brown Mike	36	O	M	Carlisle Tri Club	15:14:10	15:22:35	00:08:25	15:22:35	16:00:04	00:37:29	16:00:04	16:21:25	00:21:21	01:07:15	21
53	Thompson Davey	31	O	M	Unattached	14:50:15	14:59:12	00:08:57	14:59:12	15:36:48	00:37:36	15:36:48	15:57:36	00:20:48	01:07:21	22
89	Graham Guy	38	O	M	Annan 2010	14:50:25	14:59:26	00:09:01	14:59:26	15:35:41	00:36:15	15:35:41	15:57:52	00:22:11	01:07:27	23
8	Waite Josh	30	O	M	Carlisle Tri Club	15:14:05	15:23:22	00:09:17	15:23:22	16:00:06	00:36:44	16:00:06	16:21:55	00:21:49	01:07:50	24
42	Jameson Peter	57	SV	M	One Life Racing	15:01:50	15:11:11	00:09:21	15:11:11	15:47:00	00:35:49	15:47:00	16:10:44	00:23:44	01:08:54	25
5	Melvin Gareth	29	O	M	Border Harriers	13:29:10	13:40:28	00:11:18	13:40:28	14:19:17	00:38:49	14:19:17	14:38:04	00:18:47	01:08:54	26
77	Jackson Andrew	32	O	M	Unattached	13:58:50	14:08:47	00:09:57	14:08:47	14:46:39	00:37:52	14:46:39	15:07:54	00:21:15	01:09:04	27
12	Cornthwaite Alan	44	V	M	Unattached	13:58:50	14:10:21	00:11:31	14:10:21	14:46:22	00:36:01	14:46:22	15:08:05	00:21:43	01:09:15	28
15	White Gareth	32	O	M	Tri-Lakeland	15:01:55	15:11:06	00:09:11	15:11:06	15:48:26	00:37:20	15:48:26	16:11:19	00:22:53	01:09:24	29
19	MacLean Alan	45	V	M	Glasgow Wheelers Cycling Club	14:50:25	14:59:16	00:08:51	14:59:16	15:35:40	00:36:24	15:35:40	16:00:25	00:24:45	01:10:00	30
7	Clarke Simon	35	O	M	Tri-Lakeland	14:50:30	14:59:28	00:08:58	14:59:28	15:38:53	00:39:25	15:38:53	16:00:31	00:21:38	01:10:01	31
2	Harmse Graham	47	V	M	Carlisle Tri Club	15:39:05	15:47:11	00:08:06	15:47:11	16:26:31	00:39:20	16:26:31	16:49:11	00:22:40	01:10:06	32
100	Scott Michelle	25	O	F	Darlington Tri Club	13:58:55	14:06:07	00:07:12	14:06:07	14:44:42	00:38:35	14:44:42	15:09:06	00:24:24	01:10:11	33
106	Eland Andrew	37	O	M	Tri-Lakeland	15:01:45	15:10:00	00:08:15	15:10:00	15:48:24	00:38:24	15:48:24	16:12:02	00:23:38	01:10:17	34
129	Campbell Steven	36	O	M	Greenoch Glenpark Harriers	14:12:25	14:21:55	00:09:30	14:21:55	15:03:30	00:41:35	15:03:30	15:22:51	00:19:21	01:10:26	35
43	Queenan Derek	36	O	M	Unattached	13:58:50	14:08:38	00:09:48	14:08:38	14:47:28	00:38:50	14:47:28	15:10:02	00:22:34	01:11:12	36
58	King Martin	52	SV	M	Border City Wheelers	15:01:55	15:10:28	00:08:33	15:10:28	15:47:34	00:37:06	15:47:34	16:13:08	00:25:34	01:11:13	37
75	Gray Matthew	31	O	M	Unattached	14:12:25	14:21:33	00:09:08	14:21:33	15:02:59	00:41:26	15:02:59	15:24:34	00:21:35	01:12:09	38
102	Harris Stephen	34	O	M	Unattached	14:25:20	14:34:47	00:09:27	14:34:47	15:15:27	00:40:40	15:15:27	15:37:47	00:22:20	01:12:27	39
22	Proctor Ryan	37	O	M	VCAC	14:37:40	14:47:15	00:09:35	14:47:15	15:28:40	00:41:25	15:28:40	15:50:15	00:21:35	01:12:35	40
111	Pittam James	37	O	M	Unattached	14:12:35	14:23:11	00:10:36	14:23:11	15:02:25	00:39:14	15:02:25	15:25:20	00:22:55	01:12:45	41
120	Howe Steve	28	O	M	Arragons Triathlon Club	15:26:35	15:34:19	00:07:44	15:34:19	16:15:16	00:40:57	16:15:16	16:39:24	00:24:08	01:12:49	42
115	Doherty Michael	38	O	M	Unattached	14:37:35	14:46:20	00:08:45	14:46:20	15:28:38	00:42:18	15:28:38	15:50:29	00:21:51	01:12:54	43
130	Dunne Michael	55	SV	M	Greenoch Glenpark Harriers	14:25:25	14:34:29	00:09:04	14:34:29	15:15:26	00:40:57	15:15:26	15:38:19	00:22:53	01:12:54	44
114	Willey Darren	36	O	M	Carlisle Tri Club	14:25:25	14:35:20	00:09:55	14:35:20	15:16:58	00:41:38	15:16:58	15:38:36	00:21:38	01:13:11	45

122	Penrice Dave	44	O	M	Tri-Lakeland	14:50:30	14:59:19	00:08:49	14:59:19	15:39:47	00:40:28	15:39:47	16:04:17	00:24:30	01:13:47	46
121	Armstrong Stacey	35	O	F	Ryton Tri Club	15:26:40	15:34:42	00:08:02	15:34:42	16:17:07	00:42:25	16:17:07	16:41:15	00:24:08	01:14:35	47
103	Armstrong Angela	33	O	F	Carlisle Tri Club	14:12:25	14:22:35	00:10:10	14:22:35	15:04:41	00:42:06	15:04:41	15:27:04	00:22:23	01:14:39	48
30	Stewart Alan	40	V	M	Unattached	14:12:30	14:22:42	00:10:12	14:22:42	15:03:55	00:41:13	15:03:55	15:27:15	00:23:20	01:14:45	49
44	Hutchison Hannah	31	O	F	Fusion Tri Club	14:25:30	14:35:45	00:10:15	14:35:45	15:17:17	00:41:32	15:17:17	15:40:31	00:23:14	01:15:01	50
118	Simpson David	28	O	M	Arragons Triathlon Club	15:26:35	15:34:42	00:08:07	15:34:42	16:14:55	00:40:13	16:14:55	16:41:38	00:26:43	01:15:03	51
74	Lowrie Ria	29	O	F	Carlisle Tri Club	13:58:55	14:08:06	00:09:11	14:08:06	14:47:45	00:39:39	14:47:45	15:14:00	00:26:15	01:15:05	52
84	Young Helen	30	O	F	Carlisle Tri Club	15:14:10	15:23:14	00:09:04	15:23:14		#####	00:00:00	16:29:16	16:29:16	01:15:06	53
94	McNicholas Neil	46	V	M	Tri-Lakeland	14:37:40	14:46:50	00:09:10	14:46:50	15:29:00	00:42:10	15:29:00	15:53:29	00:24:29	01:15:49	54
88	Brewer Jonathan	39	O	M	Carlisle Tri Club	13:42:55	13:57:15	00:14:20	13:57:15	14:36:01	00:38:46	14:36:01	14:58:45	00:22:44	01:15:50	55
124	Lawson Chris	36	O	M	C.O.L.T.	13:14:05	13:25:43	00:11:38	13:25:43	14:07:05	00:41:22	14:07:05	14:30:00	00:22:55	01:15:55	56
39	Martin Guy	35	O	M	Unattached	14:12:35	14:23:31	00:10:56	14:23:31	15:06:57	00:43:26	15:06:57	15:28:49	00:21:52	01:16:14	57
59	Kemp Peter	34	O	M	Unattached	13:42:50	13:56:06	00:13:16	13:56:06	14:36:00	00:39:54	14:36:00	14:59:41	00:23:41	01:16:51	58
65	Pagan Craig	37	O	M	Carlisle Tri Club	15:14:10	15:22:15	00:08:05	15:22:15	16:03:39	00:41:24	16:03:39	16:31:06	00:27:27	01:16:56	59
13	Millican Carolyn	28	O	F	Carlisle Tri Club	15:14:00	15:21:30	00:07:30	15:21:30	16:04:40	00:43:10	16:04:40	16:31:11	00:26:31	01:17:11	60
29	Lees Anthony	45	V	M	Unattached	13:58:55	14:09:33	00:10:38	14:09:33	14:52:20	00:42:47	14:52:20	15:16:12	00:23:52	01:17:17	61
76	Watt Gemma	25	O	F	Unattached	14:50:25	14:59:07	00:08:42	14:59:07	15:42:38	00:43:31	15:42:38	16:08:13	00:25:35	01:17:48	62
41	Parker Maureen	46	V	F	One Life Racing	15:01:50	15:10:24	00:08:34	15:10:24	15:52:37	00:42:13	15:52:37	16:19:54	00:27:17	01:18:04	63
113	Walker Tony	66	SSV	M	Unattached	13:58:45	14:10:21	00:11:36	14:10:21	14:52:18	00:41:57	14:52:18	15:16:53	00:24:35	01:18:08	64
93	Cowing Paul	37	O	M	Carlisle Tri Club	13:58:45	14:09:46	00:11:01	14:09:46	14:52:58	00:43:12	14:52:58	15:17:32	00:24:34	01:18:47	65
108	Griffin Louise	43	V	F	One Life Racing	14:37:35	14:48:36	00:11:01	14:48:36	15:31:49	00:43:13	15:31:49	15:56:25	00:24:36	01:18:50	66
117	Langmead Johannah	28	O	F	Tri-Lakeland	15:01:50	15:10:14	00:08:24	15:10:14	15:55:14	00:45:00	15:55:14	16:20:48	00:25:34	01:18:58	67
3	Thompson Dave	51	SV	M	Carlisle Tri Club	14:12:35	14:22:59	00:10:24	14:22:59	15:05:20	00:42:21	15:05:20	15:32:22	00:27:02	01:19:47	68
37	Stewart Audrey	51	SV	F	Alnwick Triathlon Club	15:01:45	15:11:04	00:09:19	15:11:04	15:54:55	00:43:51	15:54:55	16:21:37	00:26:42	01:19:52	69
66	Mitchinson Kim	38	O	F	Carlisle Tri Club	15:01:45	15:11:16	00:09:31	15:11:16	15:53:47	00:42:31	15:53:47	16:22:12	00:28:25	01:20:27	70
127	Walker Bruce	47	O	M	Unattached	13:42:50	13:52:27	00:09:37	13:52:27	14:39:36	00:47:09	14:39:36	15:03:17	00:23:41	01:20:27	71
23	Dowie John	30	O	M	Unattached	14:37:45	14:48:25	00:10:40	14:48:25	15:33:30	00:45:05	15:33:30	15:58:24	00:24:54	01:20:39	72
55	Dixon Heather	44	V	F	C.O.L.T.	14:12:30	14:22:17	00:09:47	14:22:17	15:08:22	00:46:05	15:08:22	15:33:21	00:24:59	01:20:51	73
116	McGowan Carys	28	O	F	Tri-Lakeland	15:14:00	15:23:17	00:09:17	15:23:17	16:09:35	00:46:18	16:09:35	16:35:03	00:25:28	01:21:03	74
63	Wake Simon	34	O	M	Unattached	14:25:20	14:35:23	00:10:03	14:35:23	15:20:13	00:44:50	15:20:13	15:46:59	00:26:46	01:21:39	75
54	Eastwood Mark	41	V	M	Unattached	13:42:55	13:54:15	00:11:20	13:54:15	14:38:48	00:44:33	14:38:48	15:04:35	00:25:47	01:21:40	76
24	Graham Peter	40	V	M	Unattached	12:39:10	12:51:34	00:12:24	12:51:34	13:35:50	00:44:16	13:35:50	14:01:12	00:25:22	01:22:02	77
33	Robinson David	41	V	M	Arragons Triathlon Club	14:37:45	14:47:41	00:09:56	14:47:41	15:33:45	00:46:04	15:33:45	16:00:08	00:26:23	01:22:23	78
80	Dickinson Lucy	35	O	F	Unattached	13:29:20	13:39:14	00:09:54	13:39:14	14:23:40	00:44:26	14:23:40	14:51:49	00:28:09	01:22:29	79
105	Donald Sandie	38	O	F	Dumfries Running Club	13:43:00	13:53:13	00:10:13	13:53:13	14:38:18	00:45:05	14:38:18	15:05:44	00:27:26	01:22:44	80
40	Berrill Eva	31	O	F	Unattached	14:12:25	14:23:25	00:11:00	14:23:25	15:09:22	00:45:57	15:09:22	15:35:10	00:25:48	01:22:45	81
95	Irving Darren	0	0	M	Unattached	12:57:05	13:08:23	00:11:18	13:08:23	13:51:48	00:43:25	13:51:48	14:20:05	00:28:17	01:23:00	82
92	Brooks Simon	22	O	M	Carlisle Tri Club	13:42:50	13:54:18	00:11:28	13:54:18	14:38:19	00:44:01	14:38:19	15:06:06	00:27:47	01:23:16	83
101	Curtis Steph	34	O	F	Unattached	14:50:15	14:59:16	00:09:01	14:59:16	15:44:17	00:45:01	15:44:17	16:13:32	00:29:15	01:23:17	84
20	Atkinson Andrew	52	SV	M	Carlisle Tri Club	12:57:10	13:08:15	00:11:05	13:08:15	13:53:18	00:45:03	13:53:18	14:20:40	00:27:22	01:23:30	85
17	Storr Richard	55	SV	M	Istea + Ifield Harriers	13:29:10	13:41:35	00:12:25	13:41:35	14:26:12	00:44:37	14:26:12	14:53:05	00:26:53	01:23:55	86
48	Clarke Vicki	34	O	F	Carlisle Tri Club	12:57:05	13:10:03	00:12:58	13:10:03	13:57:18	00:47:15	13:57:18	14:21:37	00:24:19	01:24:32	87
61	Williamson Richard	33	O	M	Unattached	14:37:45	14:47:25	00:09:40	14:47:25	15:39:22	00:51:57	15:39:22	16:02:19	00:22:57	01:24:34	88
104	Lancaster Lisa	40	V	F	Unattached	15:26:40	15:34:29	00:07:49	15:34:29	16:26:52	00:52:23	16:26:52	16:51:39	00:24:47	01:24:59	89
67	Lowis Margaret	54	SV	F	Carlisle Tri Club	13:29:20	13:41:26	00:12:06	13:41:26	14:27:09	00:45:43	14:27:09	14:54:45	00:27:36	01:25:25	90
45	Thompson Michael	39	O	M	Unattached	12:57:05	13:12:44	00:15:39	13:12:44	14:00:35	00:47:51	14:00:35	14:23:00	00:22:25	01:25:55	91
51	Johnstone Derek	45	V	M	Carlisle Tri Club	13:29:15	13:39:30	00:10:15	13:39:30	14:25:41	00:46:11	14:25:41	14:55:16	00:29:35	01:26:01	92
123	Harmse Jonathan	21	O	M	Unattached	14:25:30	14:33:47	00:08:17	14:33:47	15:21:13	00:47:26	15:21:13	15:52:00	00:30:47	01:26:30	93
107	Harris Mike	56	SV	M	Carlisle Tri Club	14:25:20	14:35:45	00:10:25	14:35:45	15:20:55	00:45:10	15:20:55	15:52:04	00:31:09	01:26:44	94

31	Watson Angela	33	O	F	Arragons Triathlon Club	15:14:05	15:22:50	00:08:45	15:22:50	16:07:55	00:45:05	16:07:55	16:41:43	00:33:48	01:27:38	95
90	Muzur Jack	29	O	M	Unattached	12:57:10	13:10:48	00:13:38	13:10:48	13:53:31	00:42:43	13:53:31	14:24:55	00:31:24	01:27:45	96
10	Rose Vivienne	30	O	F	Unattached	13:29:20	13:40:15	00:10:55	13:40:15	14:29:12	00:48:57	14:29:12	14:57:54	00:28:42	01:28:34	97
112	Atkinson Sonia	45	V	F	Unattached	12:57:10	13:10:21	00:13:11	13:10:21	13:57:48	00:47:27	13:57:48	14:25:54	00:28:06	01:28:44	98
4	Thompson Morag	45	V	F	Carlisle Tri Club	13:43:00	13:54:15	00:11:15	13:54:15	14:42:10	00:47:55	14:42:10	15:11:47	00:29:37	01:28:47	99
25	Kinsella Brian	53	SV	M	Carlisle Tri Club	13:14:10	13:27:49	00:13:39	13:27:49	14:16:45	00:48:56	14:16:45	14:43:28	00:26:43	01:29:18	100
62	Nash James	37	O	M	Unattached	14:25:25	14:34:54	00:09:29	14:34:54	15:23:58	00:49:04	15:23:58	15:54:45	00:30:47	01:29:20	101
68	Lewis Ian	53	SV	M	Carlisle Tri Club	13:14:00	13:27:53	00:13:53	13:27:53	14:15:18	00:47:25	14:15:18	14:44:03	00:28:45	01:30:03	102
70	Barry Richard	24	O	M	Carlisle Tri Club	13:43:00	13:55:20	00:12:20	13:55:20	14:41:20	00:46:00	14:41:20	15:13:34	00:32:14	01:30:34	103
27	McKie Alison	32	O	F	Carlisle Tri Club	13:29:15	13:40:50	00:11:35	13:40:50	14:29:13	00:48:23	14:29:13	15:00:25	00:31:12	01:31:10	104
38	Crawford Alec	19	O	M	Carlisle Tri Club	12:57:15	13:09:07	00:11:52	13:09:07	13:58:40	00:49:33	13:58:40	14:29:26	00:30:46	01:32:11	105
28	Hutchinson Jo	0	T	0	Carlisle Tri Club	12:39:00	12:50:00	00:11:00	12:50:00	13:39:13	00:49:13	13:39:13	14:11:36	00:32:23	01:32:36	106
82	Smith Katie	16	O	F	One Life Racing	15:14:00	15:22:35	00:08:35	15:22:35	16:10:55	00:48:20	16:10:55	16:46:42	00:35:47	01:32:42	107
32	Ruth Coates	29	O	F	Carlisle Tri Club	13:29:15	13:40:37	00:11:22	13:40:37	14:31:55	00:51:18	14:31:55	15:02:08	00:30:13	01:32:53	108
86	Hughes Jane	46	V	F	Scarab Tri Club	13:14:00	13:25:57	00:11:57	13:25:57	14:18:54	00:52:57	14:18:54	14:47:15	00:28:21	01:33:15	109
69	Barry Laura	26	O	F	Carlisle Tri Club	13:14:05	13:25:46	00:11:41	13:25:46	14:16:26	00:50:40	14:16:26	14:47:40	00:31:14	01:33:35	110
35	Mackey Gayle	26	O	F	Arragons Triathlon Club	14:37:40	14:47:04	00:09:24	14:47:04	15:35:30	00:48:26	15:35:30	16:11:47	00:36:17	01:34:07	111
133	Moore Alistair	33	O	M	Border Harriers	13:29:10	13:41:00	00:11:50	13:41:00	14:35:08	00:54:08	14:35:08	15:05:19	00:30:11	01:36:09	112
49	Gray Kate	42	V	F	Fusion Tri Club	12:39:05	12:51:43	00:12:38	12:51:43	13:46:42	00:54:59	13:46:42	14:15:20	00:28:38	01:36:15	113
47	Ferguson Robin	41	V	M	Unattached	12:39:00	12:53:56	00:14:56	12:53:56	13:45:44	00:51:48	13:45:44	14:16:42	00:30:58	01:37:42	114
91	Oliver Gail	42	V	F	Carlisle Tri Club	12:39:10	12:53:40	00:14:30	12:53:40	13:48:00	00:54:20	13:48:00	14:17:13	00:29:13	01:38:03	115
57	Winter-Moore Allen	31	O	M	Unattached	14:50:30	14:59:45	00:09:15	14:59:45	15:51:28	00:51:43	15:51:28	16:28:45	00:37:17	01:38:15	116
110	Barry Louise	20	O	F	Carlisle Tri Club	13:14:10	13:25:42	00:11:32	13:25:42	14:20:52	00:55:10	14:20:52	14:55:05	00:34:13	01:40:55	117
56	Reid Archibald	32	O	M	Unattached	13:14:05	13:26:38	00:12:33	13:26:38	14:17:08	00:50:30	14:17:08	14:56:08	00:39:00	01:42:03	118
9	McAteer Kristen	40	V	F	C.O.L.T.	12:39:00	12:54:00	00:15:00	12:54:00	13:51:11	00:57:11	13:51:11	14:21:44	00:30:33	01:42:44	119
50	Farquar Helen	45	V	F	Fusion Tri Club	13:14:00	13:26:10	00:12:10	13:26:10	14:29:10	01:03:00	14:29:10	14:56:52	00:27:42	01:42:52	120
83	Allen Louise	16	O	F	Unattached	12:39:10	12:51:44	00:12:34	12:51:44	13:45:42	00:53:58	13:45:42	14:22:39	00:36:57	01:43:29	121
18	Blakemore Susan	48	V	F	Carlisle Tri Club	12:57:15	13:09:01	00:11:46	13:09:01	14:04:13	00:55:12	14:04:13	14:41:14	00:37:01	01:43:59	122
119	Jamieson David	39	O	M	Unattached	13:14:10	13:25:41	00:11:31	13:25:41	14:33:18	01:07:37	14:33:18	15:00:08	00:26:50	01:45:58	123
85	Abbott Julie	45	V	F	Scarab Tri Club	13:42:55	13:54:30	00:11:35	13:54:30	14:51:30	00:57:00	14:51:30	15:29:34	00:38:04	01:46:39	124
79	Strickland Teri	38	O	F	Carlisle Tri Club	12:39:05	12:55:01	00:15:56	12:55:01	13:53:15	00:58:14	13:53:15	14:26:17	00:33:02	01:47:12	125
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81	Harmse Terry	24	O	M	Carlisle Tri Club	15:39:10	15:46:37	00:07:27	15:46:37		DNF	00:00:00		DNF		128