

# CARLISLE DUATHLON 2014

| No  | Name     |           | Cat    | M/F | Club                               | Run Start Time | Run Finish Time | 1st Run Time | Run Pos | Cycle Start Time | Cycle Finish Time | Cycle Time Includes T1 | Cycle Pos | Run Start Time | Run Finish Time | Run Time Includes T2 | Run Pos | Race Time | Pos | Cat Pos |
|-----|----------|-----------|--------|-----|------------------------------------|----------------|-----------------|--------------|---------|------------------|-------------------|------------------------|-----------|----------------|-----------------|----------------------|---------|-----------|-----|---------|
| 609 | Jon      | Fletcher  | Open   | M   | Arragon's Cumbrian Tri Club        | 10:00:00       | 10:13:23        | 00:13:23     | 1       | 10:13:23         | 10:54:40          | 00:41:17               | 4         | 10:54:40       | 11:08:32        | 00:13:52             | 1       | 01:08:32  | 1   | 1       |
| 620 | Stephen  | Lewis     | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:15:00        | 00:15:00     | 4       | 10:15:00         | 10:55:01          | 00:40:01               | 2         | 10:55:01       | 11:11:27        | 00:16:26             | 5       | 01:11:27  | 2   | 2       |
| 643 | Harry    | Walker    | Vet 40 | M   | Unattached                         | 10:00:00       | 10:15:15        | 00:15:15     | 7       | 10:15:15         | 10:55:15          | 00:40:00               | 1         | 10:55:15       | 11:11:29        | 00:16:14             | 4       | 01:11:29  | 3   | 1       |
| 642 | Thomas   | Durcan    | Open   | M   | Derwent AC Cockermouth             | 10:00:00       | 10:13:40        | 00:13:40     | 2       | 10:13:40         | 10:56:40          | 00:43:00               | 8         | 10:56:40       | 11:12:22        | 00:15:42             | 3       | 01:12:22  | 4   | 3       |
| 650 | David    | Thompson  | Open   | M   | Unattached                         | 10:00:00       | 10:15:04        | 00:15:04     | 5       | 10:15:04         | 10:57:19          | 00:42:15               | 6         | 10:57:19       | 11:13:45        | 00:16:26             | 6       | 01:13:45  | 5   | 4       |
| 614 | Neil     | Pearson   | Vet 40 | M   | Dumfries Triathlon Club            | 10:00:00       | 10:16:08        | 00:16:08     | 11      | 10:16:08         | 10:57:23          | 00:41:15               | 3         | 10:57:23       | 11:15:10        | 00:17:47             | 12      | 01:15:10  | 6   | 2       |
| 616 | Calum    | Tinnion   | Open   | M   | Tri-Lakeland                       | 10:00:00       | 10:14:48        | 00:14:48     | 3       | 10:14:48         | 10:59:38          | 00:44:50               | 12        | 10:59:38       | 11:15:19        | 00:15:41             | 2       | 01:15:19  | 7   | 5       |
| 631 | Brendon  | Jackson   | Vet 40 | M   | One Life Racing - One Life Kids    | 10:00:00       | 10:15:06        | 00:15:06     | 6       | 10:15:06         | 10:58:53          | 00:43:47               | 11        | 10:58:53       | 11:15:22        | 00:16:29             | 7       | 01:15:22  | 8   | 3       |
| 607 | Stuart   | Sirey     | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:15:42        | 00:15:42     | 9       | 10:15:42         | 10:58:37          | 00:42:55               | 7         | 10:58:37       | 11:15:31        | 00:16:54             | 8       | 01:15:31  | 9   | 6       |
| 603 | Jonathan | Brewer    | Vet 40 | M   | Carlisle Tri Club                  | 10:00:00       | 10:15:40        | 00:15:40     | 8       | 10:15:40         | 10:58:43          | 00:43:03               | 9         | 10:58:43       | 11:16:11        | 00:17:28             | 9       | 01:16:11  | 10  | 4       |
| 626 | John     | Waite     | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:15:43        | 00:15:43     | 10      | 10:15:43         | 10:58:47          | 00:43:04               | 10        | 10:58:47       | 11:16:30        | 00:17:43             | 10      | 01:16:30  | 11  | 7       |
| 612 | Paul     | Greeson   | Vet 40 | M   | Unattached                         | 10:00:00       | 10:17:22        | 00:17:22     | 18      | 10:17:22         | 10:58:42          | 00:41:20               | 5         | 10:58:42       | 11:17:40        | 00:18:58             | 17      | 01:17:40  | 12  | 5       |
| 618 | Chris    | Davison   | Vet 50 | M   | Carlisle Tri Club                  | 10:00:00       | 10:16:58        | 00:16:58     | 15      | 10:16:58         | 11:03:47          | 00:46:49               | 15        | 11:03:47       | 11:22:19        | 00:18:32             | 16      | 01:22:19  | 13  | 1       |
| 617 | Chris    | Gray      | Open   | M   | Tri-Lakeland                       | 10:00:00       | 10:16:52        | 00:16:52     | 14      | 10:16:52         | 11:04:35          | 00:47:43               | 17        | 11:04:35       | 11:22:25        | 00:17:50             | 13      | 01:22:25  | 14  | 8       |
| 604 | Mark     | Colman    | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:16:18        | 00:16:18     | 13      | 10:16:18         | 11:04:43          | 00:48:25               | 18        | 11:04:43       | 11:22:29        | 00:17:46             | 11      | 01:22:29  | 15  | 9       |
| 649 | Paul     | Cowin     | Vet 40 | M   | Carlisle Tri Club                  | 10:00:00       | 10:17:20        | 00:17:20     | 17      | 10:17:20         | 11:04:00          | 00:46:40               | 13        | 11:04:00       | 11:23:21        | 00:19:21             | 19      | 01:23:21  | 16  | 6       |
| 633 | Danny    | Wilkinson | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:17:53        | 00:17:53     | 22      | 10:17:53         | 11:04:40          | 00:46:47               | 14        | 11:04:40       | 11:24:10        | 00:19:30             | 21      | 01:24:10  | 17  | 10      |
| 635 | Wayne    | Greig     | Open   | M   | Unattached                         | 10:00:00       | 10:16:10        | 00:16:10     | 12      | 10:16:10         | 11:06:49          | 00:50:39               | 21        | 11:06:49       | 11:24:43        | 00:17:54             | 14      | 01:24:43  | 18  | 11      |
| 641 | Kev      | Mulvey    | Open   | M   | DH Runners                         | 10:00:00       | 10:17:00        | 00:17:00     | 16      | 10:17:00         | 11:07:14          | 00:50:14               | 20        | 11:07:14       | 11:26:18        | 00:19:04             | 18      | 01:26:18  | 19  | 12      |
| 645 | Mike     | Toth      | Vet 50 | M   | Carlisle Tri Club                  | 10:00:00       | 10:18:27        | 00:18:27     | 25      | 10:18:27         | 11:05:16          | 00:46:49               | 16        | 11:05:16       | 11:26:47        | 00:21:31             | 34      | 01:26:47  | 20  | 2       |
| 624 | Andrew   | Meyrick   | Open   | M   | Unattached                         | 10:00:00       | 10:17:23        | 00:17:23     | 19      | 10:17:23         | 11:09:07          | 00:51:44               | 24        | 11:09:07       | 11:27:16        | 00:18:09             | 15      | 01:27:16  | 21  | 13      |
| 630 | Carl     | Wilkowski | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:18:26        | 00:18:26     | 24      | 10:18:26         | 11:07:45          | 00:49:19               | 19        | 11:07:45       | 11:27:57        | 00:20:12             | 23      | 01:27:57  | 22  | 14      |
| 644 | David    | Postill   | Vet 40 | M   | Carlisle Tri Club                  | 10:00:00       | 10:17:26        | 00:17:26     | 20      | 10:17:26         | 11:08:14          | 00:50:48               | 22        | 11:08:14       | 11:28:29        | 00:20:15             | 25      | 01:28:29  | 23  | 7       |
| 610 | Andrea   | Fox       | Vet 40 | F   | Carlisle Tri Club                  | 10:00:00       | 10:19:02        | 00:19:02     | 31      | 10:19:02         | 11:10:47          | 00:51:45               | 25        | 11:10:47       | 11:31:00        | 00:20:13             | 24      | 01:31:00  | 24  | 1       |
| 625 | Siobonne | Brewster  | Vet 40 | F   | Carlisle Tri Club                  | 10:00:00       | 10:19:01        | 00:19:01     | 30      | 10:19:01         | 11:12:14          | 00:53:13               | 27        | 11:12:14       | 11:31:40        | 00:19:26             | 20      | 01:31:40  | 25  | 2       |
| 637 | Ernie    | Davidson  | Vet 40 | M   | Unattached                         | 10:00:00       | 10:18:59        | 00:18:59     | 28      | 10:18:59         | 11:10:55          | 00:51:56               | 26        | 11:10:55       | 11:31:53        | 00:20:58             | 28      | 01:31:53  | 26  | 8       |
| 638 | Stuart   | Garner    | Open   | M   | Dumfries & Galloway Triathlon Club | 10:00:00       | 10:19:28        | 00:19:28     | 34      | 10:19:28         | 11:11:06          | 00:51:38               | 23        | 11:11:06       | 11:32:50        | 00:21:44             | 35      | 01:32:50  | 27  | 15      |
| 611 | James    | Irving    | Open   | M   | Carlisle Tri Club                  | 10:00:00       | 10:17:29        | 00:17:29     | 21      | 10:17:29         | 11:14:11          | 00:56:42               | 36        | 11:14:11       | 11:34:05        | 00:19:54             | 22      | 01:34:05  | 28  | 16      |
| 648 | Jon      | Darren    | Vet 40 | M   | Unattached                         | 10:00:00       | 10:19:23        | 00:19:23     | 33      | 10:19:23         | 11:14:22          | 00:54:59               | 29        | 11:14:22       | 11:35:22        | 00:21:00             | 29      | 01:35:22  | 29  | 9       |
| 636 | Chris    | Knox      | Vet 50 | M   | Unattached                         | 10:00:00       | 10:18:06        | 00:18:06     | 23      | 10:18:06         | 11:14:57          | 00:56:51               | 37        | 11:14:57       | 11:36:14        | 00:21:17             | 31      | 01:36:14  | 30  | 3       |
| 623 | Scott    | Nichol    | Open   | M   | Tri4u Coaching                     | 10:00:00       | 10:20:54        | 00:20:54     | 37      | 10:20:54         | 11:14:15          | 00:53:21               | 28        | 11:14:15       | 11:36:41        | 00:22:26             | 38      | 01:36:41  | 31  | 17      |

| No  | Name   |            | Cat    | M/F | Club                            | Run Start Time | Run Finish Time | 1st Run Time | Run Pos | Cycle Start Time | Cycle Finish Time | Cycle Time Includes T1 | Cycle Pos | Run Start Time | Run Finish Time | Run Time Includes T2 | Run Pos | Race Time | Pos | Cat Pos |
|-----|--------|------------|--------|-----|---------------------------------|----------------|-----------------|--------------|---------|------------------|-------------------|------------------------|-----------|----------------|-----------------|----------------------|---------|-----------|-----|---------|
| 632 | John   | George     | Vet 40 | M   | Tri-Lakeland                    | 10:00:00       | 10:18:57        | 00:18:57     | 26      | 10:18:57         | 11:15:57          | 00:57:00               | 38        | 11:15:57       | 11:36:54        | 00:20:57             | 27      | 01:36:54  | 32  | 10      |
| 646 | Gary   | Boertien   | Vet 40 | M   | Unattached                      | 10:00:00       | 10:18:57        | 00:18:57     | 27      | 10:18:57         | 11:15:32          | 00:56:35               | 35        | 11:15:32       | 11:36:58        | 00:21:26             | 33      | 01:36:58  | 33  | 11      |
| 606 | Nicola | Carruthers | Open   | F   | Carlisle Tri Club               | 10:00:00       | 10:19:17        | 00:19:17     | 32      | 10:19:17         | 11:16:35          | 00:57:18               | 39        | 11:16:35       | 11:37:37        | 00:21:02             | 30      | 01:37:37  | 34  | 1       |
| 640 | Sara   | Stewart    | Vet 40 | F   | One Life Racing - One Life Kids | 10:00:00       | 10:21:22        | 00:21:22     | 39      | 10:21:22         | 11:16:40          | 00:55:18               | 31        | 11:16:40       | 11:38:24        | 00:21:44             | 36      | 01:38:24  | 35  | 3       |
| 651 | Linda  | Aspinall   | Vet 40 | F   | Unattached                      | 10:00:00       | 10:20:05        | 00:20:05     | 35      | 10:20:05         | 11:16:18          | 00:56:13               | 34        | 11:16:18       | 11:38:59        | 00:22:41             | 39      | 01:38:59  | 36  | 4       |
| 602 | Steven | Archibald  | Open   | M   | Unattached                      | 10:00:00       | 10:18:59        | 00:18:59     | 29      | 10:18:59         | 11:18:29          | 00:59:30               | 42        | 11:18:29       | 11:39:51        | 00:21:22             | 32      | 01:39:51  | 37  | 18      |
| 629 | John   | Thompson   | Vet 50 | M   | Unattached                      | 10:00:00       | 10:21:21        | 00:21:21     | 38      | 10:21:21         | 11:17:11          | 00:55:50               | 33        | 11:17:11       | 11:39:55        | 00:22:44             | 40      | 01:39:55  | 38  | 4       |
| 605 | Julie  | Ross       | Vet 40 | F   | Carlisle Tri Club               | 10:00:00       | 10:20:12        | 00:20:12     | 36      | 10:20:12         | 11:19:18          | 00:59:06               | 41        | 11:19:18       | 11:40:08        | 00:20:50             | 26      | 01:40:08  | 39  | 5       |
| 622 | Nicola | Jameson    | Open   | F   | Tri4u Coaching                  | 10:00:00       | 10:22:18        | 00:22:18     | 42      | 10:22:18         | 11:17:56          | 00:55:38               | 32        | 11:17:56       | 11:41:56        | 00:24:00             | 41      | 01:41:56  | 40  | 2       |
| 634 | Rose   | Todhunter  | Vet 50 | F   | One Life Racing - One Life Kids | 10:00:00       | 10:21:50        | 00:21:50     | 40      | 10:21:50         | 11:20:19          | 00:58:29               | 40        | 11:20:19       | 11:42:22        | 00:22:03             | 37      | 01:42:22  | 41  | 1       |
| 621 | David  | Garrard    | Vet 60 | M   | Border City Wheelers            | 10:00:00       | 10:22:37        | 00:22:37     | 44      | 10:22:37         | 11:17:52          | 00:55:15               | 30        | 11:17:52       | 11:43:57        | 00:26:05             | 45      | 01:43:57  | 42  | 1       |
| 619 | Maria  | Renucci    | Vet 40 | F   | Carlisle Tri Club               | 10:00:00       | 10:23:12        | 00:23:12     | 46      | 10:23:12         | 11:24:25          | 01:01:13               | 43        | 11:24:25       | 11:49:23        | 00:24:58             | 42      | 01:49:23  | 43  | 6       |
| 628 | Lynn   | Clemmitt   | Vet 50 | F   | Carlisle Tri Club               | 10:00:00       | 10:22:17        | 00:22:17     | 41      | 10:22:17         | 11:27:11          | 01:04:54               | 45        | 11:27:11       | 11:52:31        | 00:25:20             | 43      | 01:52:31  | 44  | 2       |
| 615 | Andrea | Boyd       | Open   | F   | Unattached                      | 10:00:00       | 10:22:23        | 00:22:23     | 43      | 10:22:23         | 11:28:00          | 01:05:37               | 46        | 11:28:00       | 11:53:28        | 00:25:28             | 44      | 01:53:28  | 45  | 3       |
| 647 | Jill   | Robertson  | Vet 40 | F   | Unattached                      | 10:00:00       | 10:22:57        | 00:22:57     | 45      | 10:22:57         | 11:29:10          | 01:06:13               | 47        | 11:29:10       | 11:55:25        | 00:26:15             | 46      | 01:55:25  | 46  | 7       |
| 608 | Louise | Maguire    | Vet 40 | F   | Carlisle Tri Club               | 10:00:00       | 10:24:48        | 00:24:48     | 47      | 10:24:48         | 11:28:30          | 01:03:42               | 44        | 11:28:30       | 11:59:05        | 00:30:35             | 47      | 01:59:05  | 47  | 8       |