

Carlisle Tri Club

Date: 11th January 2016, 18:30

Venue: The Hour Glass, Stanwix.

Attendees: Darren Wildly, Kathryn Osborne, Georgie Lowry, Heather Rowe, Brain Allen, Claire Allen.

Apologies: Mark Colman, Josh Waite, David Graham, Lisa Varty.

Agenda Point	Discussion	Action
<p>1</p>	<p>Coaches update</p> <p>We currently have 3 active coaches within the Tri club. Due to a change in work commitments Louisa Waite can now only cover Thursday night runs (2 per month). Nicola Jameson can continue to cover Mon swims and occasional Thursday runs. Morag Thompson covers the Tuesday speed session but is travelling over summer and is unavailable from April 2016. As such the current coaching levels are not sustainable. Following information in the weekly Newsletter and a level 1 course being held in Keswick, KO approached both Dotti Scilatchi and Richie Hinson who have shown interest. DS is unable to commit to the training at present, RH is checking work commitments. Discussion over funding and the sessions that RH can commit to followed with regards to long term plans.</p> <p>The Sheepmount was very badly affected by the December storms, with structural damage to the buildings, car park, land slide and extensive debris on the track. KO informed that all football has been cancelled until August 2016 and estimates for the track reopening ranged from 6-12months. It has also been suggested it may have to relocate. As such Tuesday speed sessions will need to take place at various other locations. MT has worked to adapt the current Tuesday sessions to accommodate. Venues such as The Sands, Bitts Park, Chances Park and Kingstown were suggested as alternatives.</p> <p>Tuesday sessions, there is some confusion over the Tuesday sessions as we currently pay Tri4U to write the sessions which are then delivered. CA thought that CTC already owned a series of sessions to cover 12 months, HR was under the impression that Tri4U had been asked to provide 12months of sessions which are sent to Morag on a monthly basis. With a lack of coaches especially over the summer and that the sessions are prewritten, it was discussed that some run leaders delivered this session. KO is an EAA run leader and offered to cover some, it was also discussed that this was marketed as an uncoached session. To check if the club would be covered insurance wise in the session was led by run leaders /</p>	<p>KO to check long term plans with RH.</p> <p>HR to contact British Tri regards funding.</p> <p>HR to check costs and sessions with MT.</p> <p>KO / HR to check with Brit tri regards run leaders &</p>

<p>2.</p> <p>3.</p>	<p>facilitators.</p> <p>6 club members were trained as run facilitators at the end of November, they have been assisting the coaches with the Thursday runs and continue to be included in the Thursday coaching rota and this is currently working well.</p> <p>Wednesday night swim: BA reported that numbers were increasing with an average of 6 members over the last 7 weeks, the previous 7 weeks had an average of 2.2 members attending. The Juniors no longer use 1 lane, this is now an adult only session. BA requested some of the paddles from James St to be taken to Morton for use, HR thinks she has some in equipment she stores on behalf of the club. DW gave consent for a number of sets to be purchased for Morton if HR doesn't have any.</p> <p>Discussion around the cost of the swims CA requested a detailed breakdown for the next meeting.</p> <p>Previous minutes</p> <p>The minutes of the last meeting were agreed as a true and accurate account of the meeting. As a result they can now be uploaded to the website.</p> <p>The following actions are outstanding:</p> <p>Banking: HR has contacted Natwest and now has a named contact to liaise with. She has forms for DW and KO to take to the bank as signatories. BA suggested due to the difficulties and the upcoming AGM this waits incase other names need added / removed.</p> <p>Kit: BA added kit to Entry Central, but was asked to remove this from the site after 24hours. A club shop page on VO2 clothing was suggested at the previous meeting. MC was not at today's meeting therefore this item will be brought to the next meeting.</p> <p>Treasurer's report</p> <p>As of 31st December 2015 the account balance is £5229.63. The financial year end for the club was 31st December 2015, HR is in the process of creating the yearly finance report. DW has asked for a detailed breakdown of all accounts to show where the club makes and loses money.</p> <p>Signatories for the bank account are outstanding, HR has contacted Natwest and has the relevant forms for getting DW and KO added. Uncertainty if BA remains as a signatory, if he is it was suggested that the new names are not added until after the AGM in March as the committee may change.</p>	<p>insurance.</p> <p>HR to contact BA regards paddles.</p> <p>HR to provide costings.</p> <p>BA to upload.</p> <p>DW & KO. To complete forms.</p> <p>MC to contact VO2.</p> <p>Hr to produce report.</p> <p>BA to contact Natwest. HR, DW & KO to complete forms.</p>
---------------------	---	---

4.	<p>Following the resignation of Tim Whitmarsh as Vice Chair in December 2015, DW officially holds the role and was happy to remain as Acting Chair. It was agreed to keep the Vice Chair role vacant until the AGM in March. If DW was unable to attend any meetings a Chair would be elected for the individual meeting.</p>	
5.	<p>Kit – still outstanding kit which needs paid for and collected from the last order. MC requested an alternate format for ordering. MC was not present therefore this will be brought to the next meeting.</p>	
	<p>Coach LW requested the outstanding hi-viz kit held in stock by MC be used by the run leaders on a Thursday night run, this was agreed by the committee. LW and MC to arrange collection / distribution.</p>	MC to contact LW
6.	<p>Club email accounts are being hit badly with spam and there are also issues with important emails not being received by members and being returned as they are being blocked by the hosts, the Yahoo and Sky Domain seems worst affected. BA to set up new accounts and distribute. It was also suggested of having a “contact us” enquiry form on the website which would direct traffic to the Secretary who can then distribute to the relevant committee member.</p>	BA to update.
7.	<p>Events 2016.</p> <p>All permits have been applied for. The events are due to go live on Entry Central by 16/01/16. It was agreed that entry for the duathlon would remain at the 2015 price. HR is in the process of updating the risk assessments. Race referee has been booked.</p>	HR
	<p>The duathlon requires 22 volunteers, HR is contacting those who nominated the duatlon to marshal. GL to put in Newsletter. GL to produce a flyer for the duathlon / 10k for distribution at Sport in Action 10k 17/1/16 and e-copy for Newsletter, website, social media and KO to contact tri clubs in NW, NE and S Scotland.</p>	GL, DG, KO
8.	<p>AGM.</p> <p>Date and venue to be decided, the AGM to be held early / mid March 2016. The Sands Centre and Morton Manor suggested, to coincide with Tues / Thursday runs. It was again agreed that pizza would be supplied for members.</p> <p>All members of the committee are urged to read and familiarise themselves with the club constitution prior to the AGM. KO will distribute the up to date constitution. As the EMG was not quorate a vote will need to be retaken regards removing the individual names in the original constitution.</p> <p>All members to be informed of the date of the AGM and invited to put forward items for discussion at least 4 weeks before the AGM and requested to return this by the Friday before the next committee meeting.</p>	KO ALL

9.	<p>This will allow an agenda to be drawn up and circulated to the members a minimum of 1 week before the AGM.</p> <p>Any changes to the constitution of the club must be proposed by the committee and agreed by the members at the AGM. BA states that there is a timeline for the process in place, KO to chase this up and follow the timeline.</p> <p>DW requested a meeting before the AGM and that all committee members try to attend this meeting.</p> <p>AOB</p> <p>There being no other business to be discussed, the meeting was closed at 20.10.</p> <p>The next meeting was set for Monday February 22nd 2016, 18:30 at The Near Boot.</p>	<p>KO</p> <p>ALL</p>
----	--	----------------------