

## Carlisle Tri Club Committee Meeting

Date: 06/02/2017

Venue: The Near Boot, Carlisle. 7pm

Attendees: Darren Wildey, Claire Allen, Georgie Lowry, Kathryn Osborne, Jennifer Moody, Peter Stockdale, Kelly Crosbie

Apologies: Mark Colman, Josh Waite, Brian Allen, Darren Ryan, Heather Rowe.

Agenda Point	Discussion	
Minutes of Last Meeting	<p>The minutes of the meeting 09/01/17 were agreed as a true record of the meeting. They can now be uploaded to the website.</p> <p>Outstanding actions:</p> <p>Santa Dash - CA and BA have submitted proposed date to Carlisle City Council of Sunday 10/12/17, a panel needs to meet to confirm this date. CA &amp; BA will update the committee as appropriate.</p> <p>First Aid – KO has a quote from Morton Manor and is waiting for Creighton RUFC, she has also approached an independent trainer to put on a Sports First Aid course and open it to members &amp; other tri / running clubs.</p>	<p>PS to upload to website.</p> <p>CA BA to update.</p> <p>KO to finalise details.</p>
Treasurers Report	<p>As of 06/02/2017 the account balance is £4221.86, as our financial month runs to the 6<sup>th</sup> of the month the accounts are not available for January 2017.</p> <p>As an unused club account was used for Santa Dash, £5116.24 was deposited and then withdrawn from the accounts.</p> <p>Another unused account had £818.37 which CA has transferred to the main account under “admin costs”.</p> <p>CA has asked all monies to be banked by 28<sup>02/17</sup> to allow her time to process the accounts ahead of the AGM in March.</p>	
Coaches Report	<p>NN supplied an email report which KO read out. The beginners swim sessions have been well attended with a second hour being used for weeks 2-4, approx. 36 people have attended each week including regular attenders. Feedback has been positive with the regulars enjoying being pushed in a busy lane.</p> <p>Cost of sessions ? to increase the cost from April 1<sup>st</sup> due to increased cost of pool hire and a public swim is £3.80, it was suggested a rise to £4 for members and £7 for non members. Further beginners swims will be a set price for the 4 weeks and booked and paid upfront, members will be given priority with the session opened up via Social Media after 1 week. As of April 1<sup>st</sup> we will introduce a £1 cost for non members to attend the run sessions, these will remain free for members.</p> <p>Prospective members can attend 1 swim and 1 run session free of charge, then they must sign up or pay the non member fee.</p>	<p>Cost increase to be brought to AGM for member vote. KO to add to agenda.</p>
Events 2017	<p>HR submitted an email update in her absence.</p> <p>All events are now open</p> <p>Duthlon 28 signed up</p> <p>10k 5 signed up</p>	

New Members	<p>Triathlon 1 signed up.</p> <p>Duathlon : HR has asked Jonty about racking and is waiting a reply. Application to Aqua Pura for water for all events has been submitted, HR has been gifted 100 Poweraid water bottles filled with gels, tablets and sweets and proposed these be given at the finish line. Event registered with BTF.</p> <p>Committee requested HR contact them on her return and ? to arrange a meeting for those who are available to help. KO and DW are unavailable due to other commitments, PS is taking part. CA, GL, KC and JM can help on the day.</p> <p>KO updated that BTF have invited the event to once again be part of the NW duathlon series, the committee agreed to being included.</p> <p>Parkrun takeover: booked in for 25/02/17. We need to supply all marshals for the event. KO, CA, GL all available to help, Louise Brown has also volunteered. ? do we need to take bikes / turbos.</p>	<p>HR to update as required.</p> <p>KO to accept BTF offer. GL / PS update marketing.</p> <p>HR to update.</p> <p>CA to ask BA and report back ASAP.</p>
AGM	<p>The last few weeks have seen an increase in members and attendance at all club sessions.</p> <p>KO suggested a special offer of a 13 month membership for people who join the club at the parkrun event or online that weekend, CA will ask BA if it's possible to set up.</p>	<p>KO / GL to advertise to members.</p>
AOB	<p>KO has booked the upstairs room at The Sands Centre for Tuesday 8<sup>th</sup> March at 8pm. This is immediately after the track session so hope to attract as many members as possible, ? can we have pizza to attract members to attend immediately after a session. KO will email all members with the details and importance of attendance to drive the club forward. All members of the committee have to resign and are welcome to re-stand, alongside new people joining the committee.</p> <p>A member has emailed about her 17 year old daughter joining in the club swims. The club is an adult only club, as a result U18 are directed to the Juniors, anyone can join once they turn 18.</p> <p>A member has emailed asking if there is any scope for coached sessions to take place during the day as they struggle to attend due to working shifts and childcare. At present this is not available, it will be discussed at the next coaches meeting 25/02/17. There is a Facebook group where members can post if they are going for a run / cycle and invite other members.</p> <p>PS is planning to start up the social bike rides again from March. Scott Nichol is going to lead a recce of the duathlon route on 5<sup>th</sup> March. All events will be advertised social only via Facebook group and newsletter.</p> <p>Kit – VO2 have gone bust and have been taken over by Running Imp (our previous suppliers) they are continuing to trade as VO2 and use the same manufacturers. GL was told in December that they would honour the deals offered by VO2, however the recent kit order has resulted in the club having to supplement the kit order. In the past we had to order a minimum of 6 items in total to satisfy the bulk order discount, now we must order 6 of the</p>	<p>KO to ask about pizza.</p> <p>KO to email member.</p> <p>KO to email member &amp; put on coaches agenda.</p> <p>PS to advise of dates.</p>

Next Meeting	<p>same item. As a small club, this will be difficult to obtain with most current members having club kit already given we changed suppliers in 2015. The club have supplemented the order with:</p> <ul style="list-style-type: none"><li>3 x Vortex trisuits</li><li>4 x running vests</li></ul> <p>We will streamline the kit list to Vortex trisuit and male / female running vests. We will continue to use Carlisle Embroidery for hoodies, training tees and high-viz clothing.</p> <p>? who owns the club design can we take the design to another company.</p> <p>Monday 13<sup>th</sup> March 2017, 7pm. The Near Boot, Carlisle.</p>	GL to find out who owns design.
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