

Carlisle Tri Club Committee Meeting

Date: 21/09/2015, 7pm.

Venue: The Near Boot

Attendees: Darren Wildly, Kathryn Osborne, Mark Colman, Georgie Cashman, Lisa Varty, Dave Graham, Heather Burridge.

Apologies: Tim Whitmarsh, Josh Waite.

Agenda Point	Discussion	Action
Minutes	<p>The Minutes of the previous meeting 10/08/2015 were agreed by the committee as a true record of events.</p> <p>Outstanding actions from the meeting are:</p> <ul style="list-style-type: none"> • Accident report has not been completed, HB has now located a copy and has given to KO to complete. • Expenses claim form to be drawn up for marshals / events team. <p>It was agreed to adopt a new format for documenting minutes, this will allow easier tracking of action points for the committee and members. It will also be a clearer format to upload to the website. Past minutes to be copied to new format.</p>	<p>KO to complete</p> <p>HB to complete</p> <p>DW and KO to discuss & complete.</p>
Treasurers Report.	<p>As of 01/09/2015 the account balance is £7382.43. As a result we have enough to fund the hire of pool and track over winter until the 2016 events and membership monies come in.</p> <p>The club needs to reinvest the monies in the club, such as with equipment, coaching courses, funding external coaches to deliver workshops etc. HB stated we currently share the use of event signs and marshal bibs with Sport in Action, she requested that CTC purchase their own set at an approximate cost of £300. It was decided to wait until the start of 2016 to explore further.</p> <p>We need a minimum of two signatory's to withdraw funds from the CTC accounts. Currently 3 past committee members are still signatory's, HB has emailed DW, KO and TW bank forms to get this changed to reflect the current committee.</p>	<p>Agenda item Jan 2016, HB to follow up.</p> <p>DW, KO and TW to complete form and take to bank ASAP.</p>
New committee members.	<p>DW welcomed KO to the role of club secretary and formally introduced her to the committee.</p> <p>Brian Allen has applied for the vacant position of membership</p>	<p>DW to advise</p>

<p>Website</p>	<p>secretary, with Claire Allen applying for the position of welfare officer. DW proposed they be welcomed to the committee, the committee agreed.</p> <p>DW proposed that we now aim to keep the committee stable until the AGM in April 2016, the committee agreed. DG suggested if any members show an interest in becoming more involved we should encourage this with a view to coming on board in April 2016.</p> <p>DG has been in contact with Brian Allen who is happy to continue to run and update the website. It is hoped that as BA is taking an increased role in the committee that DG and BA can liaise with each other to link the successful social media accounts to the website.</p>	<p>BA & CA. KO to invite to next meeting.</p> <p>ALL</p> <p>DG</p>
<p>Coaching</p>	<p>The club currently has only 3 coaches who are actively coaching at present. Following coaches meeting on 18/09/15 DW proposed that the coaches meeting is held in conjunction with the committee meeting, coaching will be 1st item on the agenda and then coaches are welcome to leave. The committee agreed this.</p> <p>Concerns have been raised over the lack of coaches at the Thursday evening run, while this is advertised as an uncoached session, we still have a responsibility as it is a club run. Louisa Waite has contacted British Triathlon who have said we can cascade train members to lead the runs (signing register, go over route etc). The routes will be uploaded to the weekly newsletter and social media prior to the run, with a map, route and run backs clearly marked. Thursday night register to be updated to say that it is uncoached and members take their own responsibility for safety & knowing the route.</p> <p>Possibilities to attract new coaches, such as approach people we feel would make a good coach, offer taster sessions to shadow coaches, offer Run England Run Leaders course instead of full triathlon coach course, incentives to pay for coaching courses / reimburse expenses. Discussion around current coaches being reimbursed for the courses they self funded following a set number of hours coaching (eg 20hrs).</p> <p>A policy to be drawn up regards payment / retention of coaches</p>	<p>KO to invite to the next meeting</p> <p>GL to add to newsletter.</p> <p>KO to get a list of routes from coaches / update signing in form.</p> <p>GL, DG, KO update social media.</p> <p>HB to calculate cost to reimburse.</p> <p>ALL</p> <p>To be brought</p>

<p>Kit</p>	<p>funded by CTC</p> <p>MC brought up that we do not currently offer a cycle session and that with many members building to Lakesman 2016 this should be addressed. Suggestions around Sunday Social rides for both beginners and more experienced cyclists were discussed, along with group turbo based sessions.</p>	<p>to next meeting</p> <p>MC / GL</p>
<p>Social</p>	<p>MC asked if the Castle kit could be kept to act as a size guide for members to try before ordering new kit. Kit to be ordered in bulk 3 times per year, proposed as November, February and mid summer as there is a 6-8 week lead time on orders. To be advertised via newsletter.</p>	<p>DG / HB / GL</p>
<p>Next Meeting</p>	<p>The Dutch Uncle has been booked for the annual awards / festive night Friday 27/11/15 7pm. CTC will fund a welcome drink for each member up to £4 value, token from Dutch Uncle to be given on arrival. Hot buffet works out as £10 per head. Entertainment of acoustic artist Marc Carruthers is £100-150 (awaiting final price) DG asked for CTC to fund this and this was agreed. Due to the size of the venue, it was agreed to cap tickets to 70 people and use Entry Central for people to sign up online, with it being listed as an event "festive triathlon". Once details have been finalised the event will be launched in the newsletter and social media.</p> <p>A raffle was suggested, to collect raffle prizes.</p> <p>Awards to be collected in from 2014 winners. 2015 winners to be decided at committee meeting prior to event. Members to be emailed to vote for the CTC member of the year. Awards to be engraved prior to awards night.</p>	<p>ALL</p> <p>KO / HB</p> <p>KO to invite</p>
	<p>Monday 12th October 7pm-8.30pm, The Near Boot.</p>	